



THE

COSMOS

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CEDAR RAPIDS, IOWA

ERNST FACES OPPOSITION

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Team Coverage

The historic controversy and backlash aimed at President Donald Trump and his party came to Coe College last week in the form of a town hall meeting with one of Iowa's United States Senators.

Large and angry crowds have dogged Senator Joni Ernst and other Republican lawmakers across the country.

Ernst's appearance in Cedar Rapids was no exception, with members of the Coe and Eastern Iowa communities packing the

1,027-seat Sinclair Auditorium.

"I've worked at Coe 14 years," said Secre-

showed up with signs protesting Ernst and a number of Trump and Republican actions or

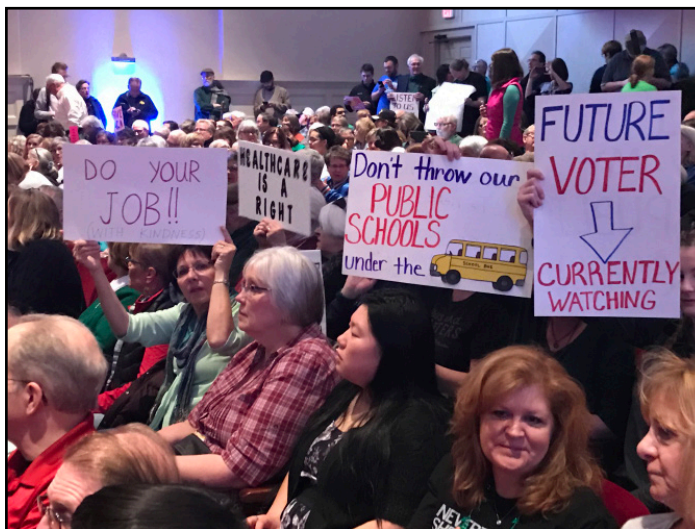
which were drawn by Ernst's staffers during the event and got to ask questions of the senator. While it seemed the crowd felt passionately about each topic discussed during the town hall, some topics in particular seemed to draw the biggest reaction.

Environment

One of the most discussed issues of the meeting was Ernst's position on climate change and on the cuts in funding of the Environmental Protection Agency (EPA) that have been brought up in recent political discussion.

When asked about her stance on climate change in 2014, Ernst stated that she did not know the science behind climate change and therefore was unable to say "whether it's

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Signs held by frustrated constituents at Joni Ernst's rally on Friday March 17. Photo by Shawn Harmsen.

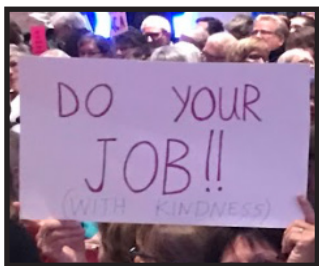
tary of Coe College Rod Pritchard. "During that time we've never had Sinclair Auditorium completely filled to the point that we had to turn people away - until the Ernst town hall [meeting]."

Many of the people packing the auditorium

proposed actions. Several times during the meeting choruses of boos and jeers overpowered the Senator's comments from the podium,

As the crowd members entered, those who wanted a chance to speak put their names on note cards

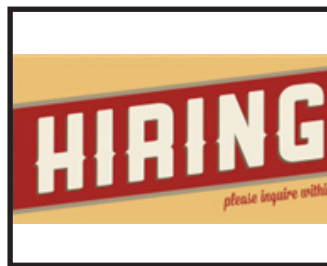
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man-made or not.” She added that she wanted to shut down the EPA altogether because “the state knows best how to protect resources” and so there was no need for a federal agency to protect the environment.

During the town hall event, Ernst said that “climate has been changing for thousands of years,” and she believes in implementing natural renewable energy sources. She went on to explain how the government should teach kids to eat healthy and should make sure resources are preserved.

Her answers did not satisfy some of the crowd, many of whom took to their feet while booing her response.

“She was avoiding the question,” said Ana Araoz, 21, majoring in Environmental Science. “I was disappointed with her answer, because she did not address the question and talked instead about nutrition, missing the point.”

Planned Parenthood

Planned Parenthood was another point of contention between the senator and the crowd. While Planned Parenthood uses 3 percent of its funds for abortions and the other 97 percent for affordable

reproductive healthcare, it has been threatened to be defunded if it does not stop performing abortions.

Although surveys indicate 74 percent of Io-

step in to make up for the approximate \$500 million federal funds that could potentially be lost if the defunding of Planned Parenthood occurs. There were both those



A large number of Iowan citizens crowded into Sinclair Auditorium to voice their thoughts and concerns to Joni Ernst. Photo by Shawn Harmsen.

wans approve of Planned Parenthood, Ernst stood behind her conservative values and explained the future of funding regarding Planned Parenthood.

“We want to make sure that women have appropriate healthcare, and that is being handled,” Ernst said. “I want to emphasize that point, that the funding goes to federally qualified health-care centers that provide services for women, but not abortions.”

Ernst said she believes the private donors of Planned Parenthood will

who supported and opposed Ernst’s statements in the crowd.

“I don’t believe that taxpayers should be forced to fund any social programs,” said Wade Hill (‘19). “By cutting funding to programs like Planned Parenthood, we are able to lower taxes for everyone and research shows that as the amount people have been taxed has increased, the amount of the person’s paycheck that has been donated to charities has decreased at about the same rate.”

Megan Smith (‘17) dis-

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agreed, saying it is unsettling for her to know that a representative “whom we are supposed to trust with major decisions regarding our health and wellness can be so detached and insensitive to movements against the oppression of human rights, including defunding Planned Parenthood.” There were also those who expressed opinions discussing both sides of the issue.

“As someone who is pro-life, Planned Parenthood is not something I agree with,” said Jordan Ronk (‘18). “But I do recognize the fact that abortions make up less than five percent of the services provided by Planned Parenthood, and if my research is correct, they are not government funded.

“I guess I really don’t know enough about demographics of people that use the other services provided by Planned Parenthood,” Ronk said, “and if there aren’t other sources for those services.”

Healthcare

Throughout the event, audience members frequently asked about United States healthcare, specifically Ernst’s views on the American Health Care Act (AHCA), the

Republicans proposed replacement for the Affordable Care Act (ACA), otherwise known as Obamacare.

On January 12, 2017, Ernst voted in favor of the budget resolution to repeal the Affordable Care Act. Ernst defended her vote during the town hall meeting, stating that “you can ask many people on the left and on the right, the Affordable Care Act is unsustainable.”

She avoided directly stating her stance on specific criticisms of the healthcare revision plan as it stands currently, saying that many of the specifics regarding the proposed American Health Care Act are likely to change before the legislation reaches the Senate.

However, Ernst, at times echoing the Trump administration, did comment on the numbers released by the Congressional Budget Office’s analysis, which stated that the proposed health care law revision would result in 24 million fewer people being insured.

“We’re trying to nail down what was put out by the CBO as they did their scoring on this,” Ernst said. “So, we need

clarification on how many of those are folks that will choose not to engage in health care ... What I can do is tell you where there might be some of those discrepancies.”

The suggestion that a significant amount of those losing their coverage would be doing so by choice did not sit well with a portion of the crowd, who drowned out most of what she said immediately after that with a chorus of boos.

However, Ernst made clear that she does support coverage for those with pre-existing conditions in “any bill that comes forward,” as well as children being able to remain on their parents’ health insurance until the age of 26. For these statements, the audience applauded.

Education

One member of the audience asked Ernst about her support for Betsy DeVos as U.S. Education Secretary. Ernst said that DeVos was carefully vetted and that both her and DeVos support all kinds of education. She said DeVos works “hard” and that the two “share the same belief that parents, teachers, and local administrators know what is best for the students.”

Ernst emphasized that DeVos will be held accountable, since everything DeVos does or tries to get done will have to be submitted through Congress. If everyone does their job, Ernst said, it will all work out.

Again, the crowd was not pleased with this answer, with more boos, yells and jeers greeting Ernst’s claim of the careful vetting of the education secretary, who lacks any experience at any level of public education but has been a huge supporter of vouchers and privatization of public schools in Michigan.

Ernst did draw applause when she said she thought President Trump should release his tax returns. However, at a town hall meeting later that evening at Drake University, she walked that statement back, saying she would not support any legislation requiring Trump to release his returns.

Ernst said she intends to hold more town hall meetings in the future, including one in Iowa City, following a prompting from an Iowa City resident who attended the event.

Promoting positive psychology

Bridget Moore
Staff writer

“Positive psychology is not junk.” Cher Stephenson opened with this declaration during her March 16 talk, hosted by the psychology club. Stephenson spent the time talking about the benefits and applications of positive psychology, a word she defined as the scientific study of the strengths and virtues that enable individuals and communities to thrive.

Stephenson runs a private practice providing psychotherapy and counseling therapy specializing in chronic medical conditions, like sleep



Cher Stephenson spoke on the benefits of positive psychology March 16. Photo by Bridget Moore.

disorders and traumatic brain injuries. Doing so has given Stephenson an appreciation for positive psychology.

Instead of taking a look at what is going wrong with a life, Stephenson said, positive psychology looks at the positive and

works to use that positive to create a better life and overcome the negative.

“You have to look much harder for the positive because the negative is right in your face... Negative emotion is stronger, our default,” Stephenson said.

Stephenson noted that there are many applications for positive psychology, including in the fields of psychology which work with children, relationships, education, mental and physical health, careers, and communities.

The goal of traditional psychology is to make someone ‘ok’, or in terms of a scale, balance them in the middle. The goal of positive psychology, how-

ever, is to be “better than ok,” Stephenson said. Stephenson teaches a class at the University of Iowa, and said she requires her students to try and do a spontaneous act of kindness to someone. Afterward, the students write about how it made them feel and how they think the person felt as well. In this way the students learn how random acts of kindness can impact the lives of others in a positive way, Stephenson explained.

Stephenson can be reached at (319) 396-4881 for more information on positive psychology.

Discussing human rights

Lisa McDonald
Editor-in-chief

On March 20 the Coe Human Rights Advocates sponsored a Human Rights Art Show in PhiFer Commons. The event included writings and different forms of art media created by students representing what human rights mean to them, and a talk by Chad refugee Ésaïe Toïngar, who talked about his human rights group, Wake Up For Your Rights.



Ésaïe Toïngar, a Chad refugee, talks about his human rights group. The Human Rights Advocate club held an art show featuring work from different students.

Photos by Lisa McDonald.



Fighting the opioid addiction epidemic

Dezirae Fisher & Josie Mitz

Guest Writers

In addition to topics like Planned Parenthood, the Affordable Care Act, and the Environmental Protection Agency at the Joni Ernst town hall meeting on March 17, the rising problem of opioid addiction and related deaths became another topic of discussion.

Quad-Cities Harm Reduction is a nonprofit organization based in the Quad Cities that works to save the lives of those struggling with substance-use disorders. A member of the nonprofit asked Ernst during the town hall meeting what the government is doing to help fight the rising number of people with opioid addictions.

Ernst pointed to the Comprehensive Addiction and Recovery Act (CARA) that Obama

signed into law last year as something both parties worked on to address the problem. Ernst explained that CARA focuses very heavily on the education aspects of recognizing substance abuse and educates first responders on how to respond to an overdose call, like how to use the types of the drug that counter overdose.

Kim Brown, the founder of Quad-Cities Harm Reduction, stood up to voice her group's unhappiness at Ernst's response, saying not enough was being done at the state or federal level to stop the growing problem.

After the town hall, Brown explained what she thinks the government should be doing to fight the rising numbers of opioid addictions.

"We need standing orders for harm reduction organizations to train and dispense naloxone [a drug that can stop the effects

of an overdose and save lives]," Brown said. "We can get it out to the community at little to no cost."

She explained that currently organizations are required to have a prescription or standing order from a pharmacy to obtain the drug.

"[We have to] go to a pharmacy and have to answer a whole bunch of questions, that you may not want to answer, and at the end of the conversation you get a kit and going to pay anywhere from \$144 to \$200 for one kit," Brown said.

Brown said that "we need a syringe exchange program in Iowa, because 51 percent of the new cases of Hep C are injection drug users."

Brown said she wants people to feel like they can call for help and not worry about getting arrested and thrown in jail.

Yet the bills that would have helped this problem,



During Joni Ernst's town hall she responded to questions addressing the rising number of opioid addictions in Iowa and the role of the government in fighting the issue. Photo by Mariah Porter.

Brown said, have been stalled or put on an indefinite waiting list to have their day on the door of the Iowa state legislature.

That is why during the town hall Brown said she felt it necessary to urge Ernst to do more at the federal level to help make some of these things happen.

Coe-mmunity Camera

Though the space available for the annual Health and Wellness Fair was smaller than last time, it didn't stop local vendors from educating Coe students on the opportunities available in the community.

Compared to the 40 vendors that fit into Eby gym, only 22 local vendors were able to present in Lower Gage on March 21. However, the atmosphere was friendly and vendors were happy to present their signs to the visitors.



Exhibits during the Health and Wellness Fair in Lower Gage. Photos by Katie Guinane.

Baseball splits home opener

Delena Humble

Sports editor

Coe's first time stepping onto Bill Quinby field this season was a bit rocky, but as the evening progressed the Kohawks ended the night with a strong victory.

The Kohawks are fresh off the road from a solid week in Florida and have a promising season ahead of them.

In the first game against Bethany Lutheran on March 19, Coe failed to make big runs and hits that were needed for the victory. They had 11 batters with loaded bases yet failed to make any

progress.

Ben Jacobson ('17) had an incredible game as he gave up only one hit in the first seven innings. The game went into extra innings where the Kohawks gave up one more hit and lost the game.

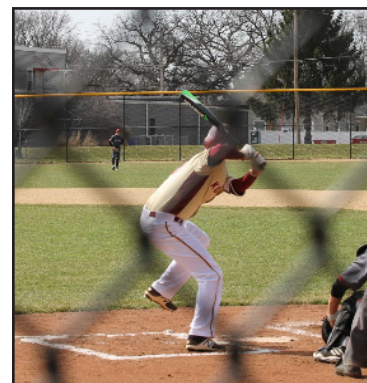
The Kohawks came back with a vengeance in the second game where they were able to score in each of the first four innings. This included an impressive seven runs from the Kohawks that occurred solely during the fourth inning.

Bethany Lutheran players only run came from a two-out error during the fifth inning.

The Kohawks were able to dominate the game, closing out the game with a hit from Jack Strellner ('17).

Jacobson dominated third base defensively during the game and also had two hits. Tyler Dralle ('20) opened up his career at Quinby with an impressive two hits. He helped lead the Kohawks along with Nolan Arp ('19), Andrew Brieton ('17), and Jacobson ('17).

The Kohawks return to action on Friday, March 24 as Nebraska Wesleyan makes their way to Cedar Rapids, Iowa. First pitch is scheduled for 3 p.m. at Bill Quinby Field.



Kyle Alverado ('20), top, and Colton Knox ('19), bottom, play during the March 19 baseball game. Photo by Delena Humble.

Sports Reports

Women's Tennis

- On Thursday 03/09, the Kohawks lost 7-2 against Wheaton College.
- Next match: Saturday 03/25, at Webster University (8 a.m.)

Women's Track and Field

- On Saturday 02/25, the Kohawks competed in the Iowa Conference Championships and placed 8th of 9.
- Next meet: Saturday 04/01, at Central Invite (10 a.m.)

Women's Softball

- On Wednesday 03/22, the

Delena Humble

Kohawks game against Cornell College was postponed.

- Next game: Friday 03/24, at Webster University (2:45 p.m.)

Men's Baseball

- On Sunday 03/19, the Kohawks lost 1-0 against Bethany Lutheran College and defeated Bethany Lutheran College 10-2.
- Next game: Friday 03/24, Nebraska Wesleyan University (3 p.m.)

Men's Tennis

- On Friday 03/17, the Kohawks lost 9-1 against Gustavus Adolphus.
- Next match: Saturday 03/25, Nebraska Wesleyan University (9 a.m.)

Men's Track and Field

- On Friday 03/10, the Kohawks competed in the NCAA National Championships and there was no team score.
- Next meet: Saturday 04/01, at Central Invite (10 a.m.)

Drag Show

Photos and text by
Jaimee Rindy

Coe College's spring activity lineup is filled with many exciting events like the Presidential Ball and Flunk Day, but a recent addition has been added to the ranks -- the Coe Drag Show.

The Drag Show (put on by Coe's LGBTQ+ campus organization CoeAlliance) is a fun and celebratory event which invites people to come out of their shells and perform lip-sync songs in drag attire.

During the performances, audience

members are invited to bring dollar bills to the performers, and all the money collected is donated by CoeAlliance to the LGBTQ+ campaign organization All Out.

Many Coe students performed for the Drag Show, as well as two local professional Drag Queens.

The Drag Show is an annual event which uses a fun and energizing atmosphere to promote equality and acceptance on Coe's campus.



Upcoming campus events

Saturday, March 25

- W. Kamau Bell. A sociopolitical comedian who is the host of the CNN documentary series "United Shades of America," Bell will perform at Coe 7:30-9 p.m. in Sinclair Auditorium.

Sunday, March 26

- Music of the Americas." Coe College faculty member Dr. Lisa Neher performs with Duo Andurá, featuring clarinetist Thiago Ancelmo de Souza and pianist Gustavo do Carmo in this chamber recital from 4-5 p.m. in Daehler-Kitchin Auditorium.

Monday, March 27

- James and Linnie Phiher History Speaker Series. Dr. Sayuri Guthrie Shimizu, holder of the Dunlevie Family Chair of History at Rice University in Houston, will be speaking on "Transpacific Field of Dreams: Baseball in US-Japan Relations" from 7-8 p.m. in Kesler Lecture Hall.

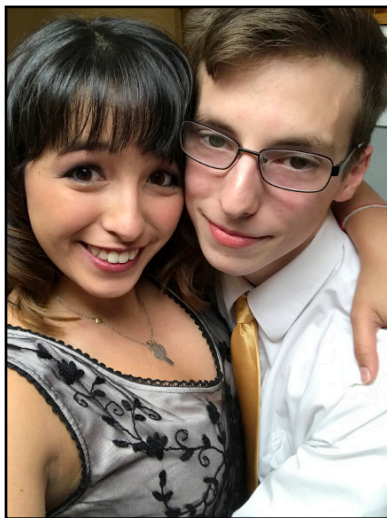


Coe students toured the headquarters of Rockwell Collins during the Society of Physics Students Zone 11 meeting on March 17.

Photo courtesy of Steve Feller.

Pres Ball

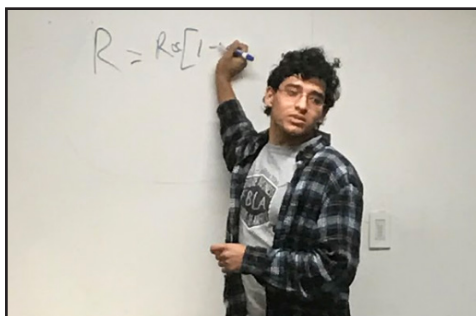
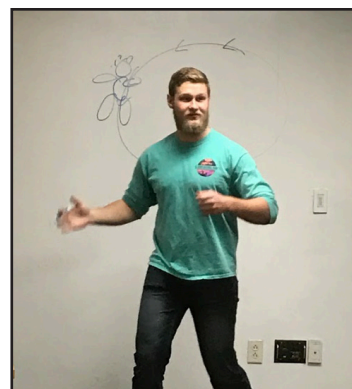
March 17, 2017



Coe-munity Camera

The annual impersonation contest, sponsored by the Physics Department, took place March 22. About 25-30 people attended the event, where professors Brittney Miller, Lisa Barnett and John Chaimov served as judges and students and faculty took turns performing different impersonations.

Photos courtesy of Collin Flynn.



The Cosmos is looking for new editors!

Ever wanted to be a part of making a paper?

Ever saw something you really wished was reported on?

Do you just enjoy reading the Cosmos?

You should join the editor team at the Cosmos!

How to Apply

Email cosmos@coe.edu a resume and cover letter.

The resume should include:

1. Name
2. Graduation Year
3. GPA
4. Major(s)
5. Relevant work experience
6. Any past courses in high school or college related to journalism (not required)
7. Other campus involvement, activities
8. Accomplishments and awards

The cover letter should include:

1. Why are you interested in this position?
2. Why would you be a good choice?
3. Working for the Cosmos does carry a time commitment (i.e. a weekly staff meeting, layout, distribution, finding/communicating with others, etc.). How much time per week would you realistically be able to commit?

Deadline to apply is 10 p.m. on Sunday, April 9.

Finalists will be contacted to set up an interview

Market Talk

Question of the Week

Michael
Lachocki

What is day trading?

There are several investing strategies that are used throughout the finance world. A common one you might hear of is called day trading.

Day trading is the purchase and sale of shares within a single trading day. Although the concept of day trading gets a lot of attention in the media, the

practice of day trading is not recommended for the majority of people because the risk is often not worth the slim chance of a reward.

The risk of day trading is high since day trading relies on large amounts of wealth to capitalize on small price movements. For example, if you invested a million dollars and sold

the shares after making 1 percent within the day, you would profit \$10,000. On the other hand, if you invested \$1,000 and made a whopping 100 percent and then sold you would have profited by a \$1,000, only a tenth of what the millionaire made. However, if the stock you invested in were to go down by 50 percent you would lose \$500, which is half of your initial investment amount.

As such, the day trading strategy is usually practiced by the wealthy because they have dis-

posable income they can risk losing whereas someone who lives paycheck-to-paycheck would be adversely affected if they were to lose that money.

Until you feel that you have enough experience reading stock price indicators and have the funds to invest with a lot of risk, I would steer clear of day trading. Even if you meet both markers, I would recommend you still think long and hard before exposing yourself to this kind of risk.

WEEKLY SUDOKU

Submit your completed sudoku to the *Cosmos* email to be entered into our monthly drawing to have your photo published.

1		3		7	4			
5	9				1			
	4	6		5			1	9
				4	6	9		
9	8		3		7		4	6
		7	5	9				
6	3			1		7	8	
			7				5	3
			4	8		6		1

Sudoku courtesy of www.websudoku.com

Easy Peasy Recipes

Recipe courtesy of Allrecipes

Photo by Nina Wilson

White Cupcakes

Instructions

1. Preheat oven to 350 degrees
2. Line a 12 muffin pan with paper liners
3. In a medium bowl, cream together the sugar and butter
4. Beat in the eggs, one at a time, then stir in vanilla
5. Combine flour and baking powder, add to the creamed mixture and mix well
6. Stir in the milk until batter is smooth, pour batter into the liners
7. Bake 20-25 minutes.



Ingredients

- 1 cup white sugar
- 1/2 cup butter
- 2 eggs
- 2 tsp vanilla
- 1 1/2 cup flour
- 1 3/4 tsp baking powder
- 1/2 cup milk