



THE

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CEDAR RAPIDS, IOWA

FIGHTING SEXUAL ASSAULT



RSVP Vice President Thomas Petrino ('17) and RSVP Communications Chair Abby Mikolitis ('17), left, and RSVP Treasurer Marina Silva ('17), right, hold poster during Take Back the Night Sept. 30. **Continued on pg. 2.**

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Kohawks fight sexual misconduct

Lisa McDonald

Editor-in-chief

With sexual assault a rising concern on college campuses nationwide, Coe students and faculty alike are working together to face the issue.

Understanding consent is an important part of preventing sexual assault, said Coe College Rape and Sexual Violence Protection (RSVP) President Sam Jankowski ('18).

As such, finding a way to teach consent that would reach the majority of campus, Jankowski said, is what drove RSVP to create Consent Week.

Jankowski said the first Consent Week in spring 2015 consisted of scholarly presentations since it was hosted by the "Dismantling Rape Culture" Gender Studies Sympos-

ium class. Jankowski and RSVP Secretary Allie Lacina ('17) were in the class, and decided this topic needed to be addressed on a regular basis.

Jankowski and Lacina reached out to other students to create a new group, and RSVP was formalized as a campus organization in fall 2015.

RSVP held the second Consent Week in fall 2015, and the third Consent Week this fall from Sept. 26-30.

Jankowski said RSVP decided Consent Week was best held in the fall based on when the height of sexual assaults occur.

According to a report by the Rape, Abuse & Incest National Network, 11.2 percent of all college students experience rape or sexual assault, with more than 50 percent of

assaults taking place in August to November.

"We are all here for one reason [preventing assault], but we're all doing things our own ways," Jankowski said.

RSVP member Margaret Parkhurst ('17) noted that different types of people feel most comfortable engaging with these topics in certain ways, so RSVP planned a variety of events.

Monday, Sept. 26 consisted of an Arts & Crafts poster session, and Friday, Sept. 30 used those posters for the Take Back the Night Rally in front of Stewart Library.

"I think support is the greatest thing to see," Jankowski said.

"RSVP's work on campus has been amazing," Dean of Students Tom Hicks said. "We're lucky to have them on campus."

Along with RSVP raising awareness about consent, Hicks said, the college has been working to create an environment where students feel safe reporting incidents of sexual misconduct.

Hicks said this process involves several changes. In fall 2015, Coe implemented the mandatory reporting policy to avoid the confusion quasi-confidentiality causes at many



Students talk with YouTuber Riley J. Dennis, right, during her presentation on rape culture Sept. 28.

Photo by Rachel Deyoe.

Friday, October 7, 2016

other institutions, Hicks said.

"Students were telling a faculty member about an assault ... expecting that faculty member to report it to the institution," Hicks said. "The faculty member didn't, and so ... the case went unreported, uninvestigated, and the student ended up very, very frustrated."

Since the mandatory reporting implementation, Hicks said, the college has classified additional campus personnel as confidential sources to assure there are plenty of options for a student to find someone they feel comfortable talking with.

Counseling is also available through St. Luke's Hospital, Hicks said.

Hicks said a unique approach Coe implemented to raise awareness of sexual assault was the Sexual Assault Alerts. The campus-wide emails started in January 2016, and involves an email containing notification of an incident of sexual misconduct and provides definitions of sexual misconduct and affirmative consent.

The Clery Act, a section of Title IX specifically for institutions of higher education, requires colleges to report ongoing, persistent threats to



Students can access Callisto by logging in to my.coe and looking at the bottom right of the Student tab home page. Callisto allows students a safe place to journal about their sexual assault, and submit it to Coe if they choose, without requiring students to discuss the matter in person.

Photo by Lisa McDonald.

campus. Based on this criteria, Hicks said, colleges are required to disclose at the end of the year the number of sexual assaults investigated by the college, but aren't required by the Act to issue alerts each time a sexual assault is reported.

But, Hicks said, RSVP and other student advocates convinced Coe the college needs to issue campus-wide alerts each time a report comes in, to acknowledge sexual violence holds the same importance as physical violence.

Since Coe started sending these alerts, Hicks said, it has prompted some students to come forward and report as

well.

Hicks said the newest project to aid with creating an inclusive environment just launched this fall.

Under the Student tab of my.coe is a link to sexual assault help site Callisto. Hicks said Student Senate commissioned \$20,000 spring 2016 to start this project, which provides an online journaling interface for students uncomfortable discussing their sexual assault in person.

Students have several options using Callisto, Hicks said. Students can:

1. Simply journal their experience in private
2. Submit the report to Coe without naming

their assailant

3. Submit the report to Coe naming their assailant
4. Submit the report to Coe only if another student has already named the same assailant

While the goal of these projects and regulations are to help students feel more comfortable discussing their experience, Hicks said, it could be the case the number of sexual misconduct reported on campus goes up.

This would not necessarily mean the actual number of sexual misconduct increased, Hicks cautioned, rather that students might now be willing to come forward.

Fighting rape culture

Rachel Deyoe

Staff writer

For the third year running, Coe's RSVP put on Consent Week Sept. 26-30. The week is a celebration of sexual freedom, intended to promote a culture of respect and eliminate sexual violence.

On Sept. 28, YouTuber Riley J. Dennis presented a discussion about fighting rape culture.

Dennis is a writer and activist who presents video commentary on feminism, politics and social justice.

Dennis began her discussion with defining rape culture as "a culture in which rape is normalized, excused or ignored by many people, particularly those in positions of power."

Dennis organized her

discussion around what she presented as the seven pillars of rape culture:

1. Lack of education on consent
2. Victim-blaming
3. Failure to believe survivors' stories
4. Gender roles
5. Rape jokes
6. Misogyny
7. Lack of institutional support

According to Dennis, society's failure to educate people on consent begins long before sex even comes into the picture. She said that children need to learn in grade school how to make sure their peers agree to hugs and playing together, learning to put others' desires ahead of their own.

"We're failing to teach



Members of RSVP meet with Riley J. Dennis, back row center, following Dennis' presentation on fighting rape culture Sept. 28.

Photos by Rachel Deyoe.

people about consent really at all levels," Dennis said.

Dennis made a key point especially relevant to college life, that "the system is not set up to support survivors."

While serving as Editor-in-Chief of the newspaper at Whittier College, Dennis spoke with many rape survivors as the newspaper staff sought to publish the stories of survivors needing to be heard. "We were trying to put more pressure on the administration," Dennis said.

Among the administrative problems addressed by Dennis was the issue of victim-blaming. Dennis said victim-blaming and hesitation to believe survivors is "super demoralizing to anyone who

wants to come forward, because they're going to get grilled."

The best way to encourage people to report, Dennis explained, is to make the system better for reporting.

Dennis also showed that many higher educational institutions across America fail to accurately report instances of rape and sexual violence on their campuses.

"Either nobody's actually being raped," Dennis said, "or we have a huge problem about colleges reporting rape."

Dennis said the solution has to come from us. "Any campus organization can put pressure on the administration," Dennis said. "Together, we actually legit can take down rape culture."



Riley J. Dennis discusses the prevalence of rape culture on college campuses during her presentation Sept. 28.

Why animal companions come to Coe

Bridget Moore
Staff writer

Many students who come to college often have to leave a furry loved one behind. From guinea pigs to husky dogs, there are many pets students wish they could keep with them in their dorms. For some students, this wish is a reality.

The Director of Residence Life Krista Kronstein is in charge of all animal companions on campus, as well as getting them approved.

There are three categories of animal companions allowed on campus: Service, Emotional Support, and Therapy.

Service animals support their owner both physically and mentally and go wherever

the owner goes; service animals are allowed anywhere on campus. Emotional Support animals help their owner mentally, but are restricted to only the outdoors, dormitories and residence halls.

Therapy animals are much rarer and require outside certification. However, animals with this certification can help more people than just their owner.

The procedure for getting an animal companion is:

1. Contact Kronstein at 319-399-8741 or email her at kkronstein@coe.edu.
2. Fill out application and paperwork
3. Meet with Kronstein to talk about the animal

Nina Wilson ('17) and her emotional support



As part of his therapy training, Nina Wilson takes Kai on walks to socialize him with students.

Photo by Bridget Moore.

cat, Kai, are going through the process to certify Kai as a therapy animal.

Wilson says the main difference between a therapy and emotional support animal is therapy animals undergo extensive training to help bring comfort and help in an educational setting.

The process for turning Kai into a therapy animal requires for him to be one

year old, and to have a specific personality that will work well with others. There is an online course with tests that need to be taken by the owner, and a verification by a doctor that the animal will service well.

Kai, an 11-month-old Bengal mix, will have the qualifications to be a therapy animal once he turns a year old.

Wilson's apple orchard trip

Allison Bartnick
Staff writer

Coe's informal group "Gatherings for Introverts" organized a trip to Wilson's Orchard in Iowa City from 2-6 p.m. on Oct. 1 for any Kohawk interested.

After meeting at the library to pack lunches,

students carpooled to the outing.

Once there, students could walk through the orchard and pick their own apples. There were also trailer rides offered and many items to buy at the orchard's shop.

In addition to a picnic lunch, students

enjoyed both cherry and apple pie provided by Student Development, who funded the outing.

Overall, the trip to Wilson's Orchard offered a fitting and fun way to welcome the fall season.



Freshmen Sarah Bailey, Kathy Duong, Lauren Griggs, Kyla Lynch and Natalie Avila pose for a group photo in front of the orchard's shop.

Photo courtesy of Kyla Lynch.

Coach returns to Cedar Rapids

Aleena Hobbs
Guest writer

Nate Oakland, a former assistant women's basketball coach at Coe College, has found his way back to Cedar Rapids after spending the past four years as an assistant women's basketball coach at Wartburg.

Oakland got into coaching because of his love for sports. As a high school athlete, Oakland played baseball, basketball and golf.

Oakland got involved off the court when he attended UNI, where both the Men and Women's basketball coaches were eager to have Oakland become a manager.

Prior to Oakland's transition to Wartburg, he spent two years on

the staff at Coe College under previous women's basketball coach, Randi Peterson.

As a Coe assistant basketball coach, Oakland had the opportunity to be a part of the Kohawks two-shared Iowa Conference regular season championships.

Oakland was also part of the only Coe women's basketball team to win a school-record 26 games, and advance to the Sweet 16 of the NCAA tournament.

Oakland said he has always enjoyed the atmosphere at Coe, and especially loves it when Coe plays Wartburg.

"No matter the situation, Coe and Wartburg brings out the best in players," Oakland said. "Almost every [game]



Nate Oakland, right center, talks with the women's basketball team during Jan. 27, 2016 conference game at Wartburg. Photo courtesy of Nate Oakland.

has gone down to the last minute."

During his four years as Wartburg assistant women's basketball coach, Oakland was in charge of scouting, recruiting and film editing. As a head coach, Oakland said these day-to-day tasks have grown.

"The biggest difference from going to an assistant to being a head coach," Oakland said, "was going from being the suggestion maker to being a decision

maker."

Overall, Oakland said he is very pleased with his transition back to Coe.

"When the position opened up, I knew that I wanted to go back," Oakland said. "I love the city, the campus and all the great things going on at Coe."

Oakland said he is eager to get started with his second season here at Coe, and hopes to have another successful year.

Women's Volleyball- (15-7, 3-1 IIAC)

- On Tuesday 10/4, the Kohawks defeated Simpson 3-1 for their 7th straight victory.
- Next game: Friday 10/7, Central College (7 p.m.)

Women's Soccer- (7-5-1, 0-2 IIAC)

- The Kohawks lost 1-0 in the last 20 seconds of their conference game against Central.
- Next game: Saturday 10/8, Tuma Soccer Complex (11 a.m.)

Women's Tennis- (9-1, 7-1 IIAC)

- In the last two dual meets of the season, the Kohawks defeated Buena Vista and Nebraska Wesleyan, beating both 3-0.

Sports Reports

Rick Webb

- Next game: Friday 10/7, Iowa Conference Singles and Doubles Championships

Women's Golf

- On Saturday 10/1, Erin Lang ('17) set a new school record, shooting a 76 in the second round of the Iowa Conference Championships in Cedar Falls.

Men's Golf

- On Wednesday 10/5, Hunter Livermore ('18) shot a 74 during the Simpson Invitational.

Men's Tennis

- Alex Bernt ('17) advanced to the semifinals in the ITA Midwest region singles bracket.
- Resume playing Jan. 28, against University of Chicago

Men's Football- (5-0, 3-0 IIAC)

- On Saturday 10/1, the Kohawks defeated Wartburg 37-34.
- Next game: Saturday 10/8, Central College (1 p.m.)

Men's Soccer- (1-9, 0-2 IIAC)

- On Wednesday 10/5, the Kohawks lost 2-1 in overtime to a penalty kick scored by Cornell.
- Next game: Saturday 10/8, Nebraska Wesleyan (1 p.m.)

Coe tops Wartburg

Molly Beatty

Guest writer

The Coe College football team defended their undefeated season Oct. 1, winning 37-34 over the Wartburg Knights. In the past ten years of playing each other, the Kohawks and Knights have split 5-5.

This rivalry is a big one for Coe students. With the implementation of a new "student section" in the stands, many current and alumni Kohawks decided to come out and support their team.

Megan Smith ('17) said, "It was awesome to see how many Kohawks came out to watch the game even though it was cold and rainy. The stands were loud and the players

seemed to feel the support and channeled the energy into great plays and an exciting game."

The first half of the game was close, with each team scoring back-to-back field goals and touchdowns.

Although the offense was able to make up for it, defensive line Nick Elsbury ('17) noted that the defense was not playing like they wanted to.

"This game was not how we were expecting the game to go defensively," Elsbury said. "The game was a dogfight but we never quit and it showed us that we can battle until the last whistle."

Both teams were held to a field goal after half-



This is the Kohawk's first undefeated season since 2012.

time, putting the Kohawks up 20-13 by the end of the third quarter.

The Kohawk offense showed up to play in the fourth quarter following a Wartburg touchdown with a field goal and touchdown of their own.

Leading 30-20 with under seven minutes left to play, Coe let through two Wartburg touchdowns by Matt Sacia putting the Knights up 34-30 with 2:41 left on the game clock.

Wide receiver Demetrius Harper ('17) made the fourth and final touchdown for Coe with 1:35 left:

"At the end of the game the coaches had faith in

me to make a play when the game was on the line," Harper said. "The offense line blocked great all game and Gavin gave me a great ball."

Harper's touchdown was coincidentally right in front of the Kohawk student section, lighting up the bleachers.

Trying to stay alive, the Knights took their turn but were cut short due to an interception by Troendle, sealing the victory for Coe.

This year marks the first undefeated season since 2012 for Coe. Next up, the Kohawks (5-0) will host Central (4-1) for homecoming on Oct. 8 at 1 p.m. at Clark Field.



The Kohawks played the Wartburg Knights for a 37-34 win on Oct. 1.

Photos by Molly Beatty.

#CoeCosmos Twitter Contest

Throughout Homecoming weekend, share your Write Home experience on Twitter with the hashtag #CoeCosmos, and you are automatically entered to win a contest sponsored by the Cosmos, Coe's student newspaper! This contest is open to students, alumni and members of the public.

Follow these easy steps for a chance to win!

1. Take a photo/video at a Coe Homecoming 2016 event or write a Tweet from one of those events.
2. Only tweets with the hashtag #CoeCosmos are eligible to win.
3. Hit send on your tweet.
4. Take more photos and repeat!

Winners will be announced the week after Homecoming!

We will contact winners via the Twitter accounts used to enter the contest.

All entries should reflect the spirit of the Campus Civility Statement. Entries which violate that spirit will not be considered.

Lots of ways to win!

For each Tweet about a Coe Homecoming event that includes the hashtag #CoeCosmos, you are automatically entered into a drawing for a \$30.00 Amazon gift card. The more you tweet with the name of our student newspaper, the more chances you have to win!

Really show off your amateur photojournalist skills by entering one of our #CoeCosmos competitions! Winners will be included in Cosmos the following week and will get a \$10 Amazon gift card. Winners will be selected by the Cosmos staff. The categories are:

- Best Student Fun Photo (Main subjects of the photo are current Coe students, and something in the photo/text of the Tweet makes it clear they are current students, along with the #CoeCosmos hashtag)
- Best Alumni Fun Photo (Main subjects of the photo are Coe Alumni, and something in the photo or text of the Tweet makes it clear they are Coe alumni, along with the #CoeCosmos hashtag)
- Best Alumni Group Photo from the Same Year (Either in the text of the Tweet or in the photo it needs to say what year the photo subjects graduated, as well as the #CoeCosmos hashtag)
- Best Friday Event Photo (An event on Friday)
- Best Saturday Event (non-sports) Photo (An event on Saturday)
- Best Saturday Football Game Photo (A photo of fans or players at the game)
- Best Sunday Event Photo (An event on Sunday)

Upcoming campus events

Oct. 11 & 12

- Chef Redzwa Ismail from Malaysia will work with Coe staff to produce several food items for lunch.

Oct. 18

- Award-winning historian and journalist Marc Wortman will read from and discuss his latest work, "1941: Fighting the Shadow War: A Divided America in a World at War."

Oct. 18

- Satellite voting in the CJ Lynch Room from 11 a.m. - 5 p.m.

Political blogger speaks to multimedia class

Mai Fukuhara
Staff Writer

On Sept. 29, Iowa political blogger Laura Belin visited the Intro to Multimedia Journalism class to talk about her experiences and give advice to students.

A Des Moines area native, Belin said she has a long-time interest in politics, but started off looking at politics very far from Iowa.

During her undergraduate work at Harvard, she studied Russian politics. That interest led her to Eastern Europe to write about Russian politics in a quasi-journalistic role for non-governmental organizations.

Over the next decade, Belin spent time in England, where she earned a masters and a doctorate from Oxford University.

Belin said after Putin

started crushing political opposition in the early 2000s, Belin decided it was time for a change.

"I could no longer write about things like contested elections when Putin more or less made sure there wasn't going to be a real contest," Belin explained.

She and her husband, who teaches at Drake University, returned to Iowa and she started following American politics in earnest.

It was then Belin started submitting to a left-leaning blog called Bleeding Heartland. Before long the blog's founders decided to pursue other interests and handed the reins over to Belin, who has run the blog ever since.

"I try to post something new every day," Belin said. "I cover politics and am very up front about my own political beliefs.



Bleeding Heartland blogger Laura Belin talked to students Sept. 29 about the differences between journalism in Russia and America. Photo courtesy of Shawn Harmsen.

But I also make sure to carefully support any positions I take."

Belin said her goal is to write about topics not covered by traditional news organizations.

"If I wrote about the same topics they did, no one would read my articles," Belin said. "I try to drill down deeper into stories and catch things other places miss or don't have the time to put together."

Belin said she likes writing a blog since she has the freedom to decide word length, topics and

depth of discussion for herself.

However, Belin said, writing a blog has its downsides. There is no one to bounce ideas off when you work alone, Belin said.

Belin gave advice to students. She said if you make a blog, you should focus on one topic. After you gather a consistence audience following, you can change the topic once in awhile without worry of losing your audience.

Easy Peasy Recipes

Recipe courtesy of Allrecipes

Photo by Nina Wilson

Ingredients

- 2 1/2 cups flour
- 1 tps baking powder
- 1 tps baking soda
- 1 cup butter, softened
- 3/4 cup brown sugar
- 1/4 cup white sugar
- 1 package instant vanilla pudding mix
- 2 eggs
- 2 tsp vanilla
- 1 1/2 cups chocolate chips



Instructions

1. Preheat oven to 350°F.
2. Sift flour and baking soda together.
3. In a separate bowl, cream together butter, brown sugar and white sugar. Beat in instant pudding mix until blended. Stir in eggs and vanilla.
4. Blend this in the flour mixture.
5. Stir in chocolate chips.
6. Place cookies on ungreased cookie sheet.
7. Bake for 10 to 12 minutes in the preheated oven.

Celebrating Dan Lehn

Lisa McDonald
Editor-in-chief

People from all walks of life gathered together Sept. 30 in order to celebrate the life of late Professor of Psychology Dan Lehn.

"There was only one Dan Lehn," said Coe College President David McInally.

McInally said relationships always came first for Lehn, and the Celebration of Life ceremony focused on those relationships.

Joan and Abbott Lipsky Professor of Political Science Bruce Nesmith and Assistant Professor

of Rhetoric Jane Nesmith were long-time friends of Lehn. Though Bruce Nesmith was unable to attend the ceremony, he sent a recording of a song he wrote to be played in remembrance.

Director of Community Engagement Kayla Lyftogt said the last time she talked with Lehn, he said he wanted to do more volunteer work. Lehn mentioned reading books to children so he could include his grandson, Henry.

In honor of this, Scott Schwartz ('17), who was going to be the College



Marc Falk directs the Coe College Concert Choir in a rendition of "Only One" during the Celebration of Life Sept. 30.

Photo by Lisa McDonald.

Adjustment Peer (CAP) leader for Lehn and Lyftogt's FYS, read out loud a children book to the audience.

Audience members shared memories of Lehn, all focusing on his knack for building relationships with whomever he met.

McInally said after discussion with the Board of

Trustees, Coe College will award Dan Lehn the title of faculty emeritus, forever memorializing Lehn in Coe history.

In honor of Lehn, an annual memorial bike ride will be started on Sunday, April 23, 2017. Memorials may be directed to Coe College to support the newly created Dan Lehn Scholarship Fund.

WEEKLY SUDOKU

Submit your completed sudoku to the *Cosmos* email to be entered into our monthly drawing to have your photo published.

1			4	3	9			5
2	4	8			6			
	9					4	1	
		5	6			7	9	
6	2						4	3
	1	9			5	6		
	3	2					5	
			8			1	7	2
8			7	4	2			9

Sudoku courtesy of www.websudoku.com

Coe-community Camera

Students perform during the 43rd Annual Cultural Show Oct. 1, hosted by the International Club.

Photos by Amanda Bourne.

