



THE

COSMOS

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CEDAR RAPIDS, IOWA



COE CELEBRATES MLK

Mariah Porter
Columnist

As long as you are standing on the side of justice, you do not have to be a big name to change the world. This was the sentiment Akwi Nji expressed during her keynote speech at St. Paul's church, given as part of the Martin Luther King Day Jr. events hosted by Coe College Jan. 16.

Nji, born in Iowa City and raised in Cameroon, returned to America with her mother and sister and attended high school in Cedar Rapids. Nji said life as a Cameroonian-American gave her a wide outlook on life. Many of Nji's works deal with racism, fem-

inism, gender, being a parent, and deep social and political issues.

Nji graduated from the University of Iowa with degrees in English, journalism, African American studies and mass communication. She travels across the Midwest and performs many of her works and leads workshops.

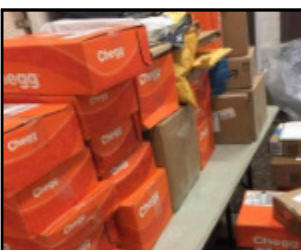
During her keynote speech, Nji asked that everyone always stand on the side of justice, no matter how uncomfortable it may be, and no matter other people may think.

"A threat to justice anywhere is a threat to justice everywhere," Nji said, paraphrasing MLK.

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Akwi Nji spoke about justice during the Martin Luther King Jr. Day event at St. Paul's church Jan. 16. Photo by Blake Reed.

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Lisa McDonald
Editor-in-chief

Welcome back, everyone, to the spring 2017 semester at Coe College!

If you take a look to the left, you will notice the *Cosmos* is hosting a larger staff than it has in many years. New to our

staff this semester are two columnists, Mariah Porter and Michael Lachocki.

In an effort to broaden the subject matter of the paper, Porter and Lachocki are introducing two regular columns: Political Speak and Market Talk.

Below are descriptions of what information these

columns aim to bring to the community, ideally to help students become more connected with the wider world they will enter after graduation.

The first column of Market Talk can be found on the back cover. Politics Speak will premiere in the next issue.

Political Speak

My name is Mariah Porter and I am a sophomore here at Coe College. I will be writing a column on politics in our city, state, nation, and how it affects us here at Coe.

Politics is a really important subject to all of us, even when we prefer not to talk about it. Politics affects our everyday lives: from wearing seat belts, to our minimum wage, to our FAFSA.

This column will be beneficial to the people on campus by keeping

them in the loop as to what is happening politically, especially since this election stands to initiate a lot of changes.

This column will mainly talk about how policies are affecting the Coe community, but for those who are interested in happenings outside of the campus, the column will also incorporate international news as well.

Market Talk

My name is Michael Lachocki and I am a freshman here at Coe

College. I will be writing a column on business, economics, and investing.

These topics are important to me because they are relevant to our all of our lives despite how aware of them you may or may not be.

I believe this column will be beneficial to our campus because it will teach beginners about business, economics, and investing. It will also touch on more advanced ideas for those of you who are more aware about these subjects.

Call your representative



Students stop by the table during lunch Jan. 19.

Photo by Lisa McDonald.

On Thursday, Jan. 19, the Speaking Center and Writing Center teamed up to host a table outside the cafeteria, urging students to call their representatives.

Speaking Center consultant Tom Brokaw ('20) said the two centers had planned to host an event together, and decided on

this table because of its timeliness with Friday's inauguration.

"Your voice will actually be heard" if you call your representative, Brokaw said, instead of simply emailing or writing them.

The two center's students currently have information for Iowa representatives and are working to gather infor-

Writers share works for MLK Day

Nji described the need for people to decide who and what they stand for and to stand together.

"Remember we have more power within us than we give ourselves credit for, and if we summon forth that strength we are not alone."

Following the keynote speech, the "Who Is My Neighbor Award" was presented to Imam Hassan Muhammad Selim, who has been an active member of the community since his arrival in the United States.

Hassan has been involved with multiple organizations in the community, including the Inter-Religious Council of Linn County and the Thaler Holocaust Committee. Hassan has held many services and healing events across the city. He said he works to pass

down religious ethics to young people and teach acceptance and love in his everyday life.

"Never give up," Hassan said, "there are people who still work for justice."

Before the ice storm on Monday, Coe College kicked off its Martin Luther King Jr. Day events with the "Writers Resist: 'Re-Inaugurate' Democracy" readings Sunday, Jan. 15.

Former Iowa State Representative Tyler Olson hosted the event, where eleven artists from all over Iowa came together and performed various works.

Many of the pieces dealt with feminism, racism and the idea of privilege, while celebrating freedom and compassion. The artists were:

- **Mary Vermillion** - Professor of English at

Mount Mercy University read her poem and an excerpt from a work she published in 2002.

- **Courtney Ball** - Iowa writer read a piece he wrote after being a part of a refugee movement in the United States.
- **David Duer** - Iowa writer read an excerpt from a Walt Whitman piece and "All African-American Baseball Team."
- **Skylor Andrews** - Coe College junior read his piece "On the Subject of Rebels"
- **Lyz Lenz** - Iowa writer and blogger (helped organize event) read her piece "Angry Women."
- **Marianne Taylor** - Professor of English at Kirkwood Community College
- read a piece by Anne Waldman published in 2003, a Danez Smith piece called "Tonight in Oakland," and a third piece by Allen Ginsburg titled "America."
- **Zahra Aalabdulrasul** - Cedar Rapids high school senior read her piece "Daddy."
- **Janelle Oster** - Coe College sophomore sang an as-yet unnamed song she had written.
- **Julie Hanson** - Iowa writer read "What He Thought" by Heather McCue.
- **Rob Cline** - Iowa writer read his piece "In Light of Recent Events."
- **Christopher Okiishi** - Iowa psychiatrist and lecturer read his piece "The Concept of Accountability."



Zahra Aalabdulrasul performing her piece "Daddy" at the "Writer's Resist: 'Re-Inaugurate' Democracy" readings Jan. 15.



Janelle Oster performing her own currently unnamed song at the reading.



Lyz Lenz performing her piece "Angry Women" at the reading.

Photos by Blake Reed.

Coe welcomes new Sodexo general manager

Lisa McDonald
Editor-in-chief

As the spring semester kicks off, students find a new face to greet them at the cafeteria: Louis Desaulty, the Sodexo general manager.

Desaulty arrived at Coe last semester to train with former Sodexo General Manager Tom Wieseler, who retired officially Dec. 2.

Desaulty said he was born and raised in France, and originally planned to get a job as an airline steward.

"I just wanted to travel," Desaulty said. However, to be an airline steward required training in hospitality, so Desaulty pursued an associate degree in hospitality management. While doing so, Desaulty discovered his



Tom Wieseler trained Louis Desaulty, above, as the new Sodexo general manager before he retired in December. Desaulty, originally from France, moved to Iowa after meeting his wife in Chicago.

Photo courtesy of Louis Desaulty.

interest in food service.

"I completely forget about [being an airline steward]," Desaulty said. After six years of training, Desaulty said he was ready to begin work.

Desaulty worked in England before moving

to Chicago in 2005. He met his wife at the Hilton: the person who trained him his first day. She was originally from Mount Vernon, Iowa, and they moved there together in 2012.

Desaulty worked at

Saint Luke's Hospital as a food service manager before applying to become the general manager at Coe.

Desaulty said there are differences between health care food service and campus food service, such as the chance to work with students.

"The students are pretty fun to work with," Desaulty said. "There's a good team here ... I receive plenty of support from [the Sodexo staff]."

Desaulty said Sodexo is constantly working to improve the menu and use feedback from students to plan the menus every semester.

Students are welcome to come talk to him during lunch, Desaulty said, even in French if they want, too.

Tutor service update

Lisa McDonald
Editor-in-chief

A new semester brings new classes, and with that the need to sign up for tutors. But tutors also need to be aware of the need to sign back up to tutor, said Administrative Assistant for AAP and Learning Commons Karen Swenson.

Even if students

tutored last semester, Swenson said, they still need to come to the tutor desk in the library's basement to fill out a new timesheet before they will be allowed to tutor again this semester.

At that same time, tutors can decide if they wish to stop tutoring any of the classes they did last semester, Swenson said, or add new classes they

wish to tutor for.

Swenson added tutees should make sure to let the tutoring staff know if a class the tutee signed up for does not have any tutors listed.

If that is the case, Swenson said, the tutoring staff will reach out to students who have tutored the subject in the past, and the course's professor, to find someone willing to tutor.

Swenson emphasized

that if study groups wish to have a tutor for their study group, they are to talk with the tutoring staff to arrange the meeting, and not book it themselves on the online schedule.

As a reminder, Swenson said, students must sign up 24-hours before the time they wish to be tutored. If the tutoring session is 8 a.m., the student must sign up at 8 a.m. the day before.

What lies behind the mailroom door

Claudia Chiappa
Staff writer

On the first day of classes Jan. 9, a few students stood outside the mailroom from 9:00 a.m. to 9:25 a.m., waiting for it to open. After realizing that it was not going to open soon, they left and proceeded to write a complaint letter to those involved, asking explanations about the incident.

Mailroom Supervisor Shari Saari explained the misunderstanding.

The sign outside the door indicating a 9 a.m. opening time refers to the copy center, Saari said, whose door is right next to the mailroom's.

The copy center's work is separate from the mailroom's. The opening time of the mailroom is from 10 a.m. to 4 p.m.

Saari explained that

the sign indicating the mailroom's working hours had been taken off months ago in order to build the braille sign. It was never replaced, Saari said, though several requests have been made.

A 9 a.m. opening time would be difficult, Saari said, because of how the mail system works.

The post office in Cedar Rapids opens at 8 a.m., so the mail gets delivered to Coe at around 9 a.m. But the mail from the post office is not the only items being delivered.

In the following hour, all the couriers like UPS, FedEx Ground, FedEx Express, DHL, etc. deliver their packages to Coe, mail that needs to be distributed not only to the students but also to several departments on campus.

The 9-10 a.m. hour is the time dedicated to unloading the mail and getting everything ready for the students.

If the mailroom was to open at 9 a.m., Saari said, students would be helped, but they would not be able to receive the mail since it would not yet be sorted.

Additionally, since Jan. 9 was the first day of classes, Saari added, an unusual amount of boxes and mail was delivered, making it even harder for those working in the mailroom to prepare everything on time.

Saari said it is planned for a new sign to be installed to help avoid misunderstandings of the opening time in the future, although when this sign is going to be installed remains something she is not in charge



A large amount of packages arrived to be sorted Jan. 9, as students ordered textbooks for their classes.

Photo courtesy of Shari Saari.

of.

Even if sometimes the mailroom opens later than 10 a.m. due to a heavy flow of mail, Saari said, the mailroom will make sure students can still receive their packages by noon at the latest. "The mailroom will keep striving to do its best," Saari said.

Coe-community Camera

Over 100 students visited booths during the Career Fair and Networking Event hosted in Eby Jan. 18. Employers from a variety of industries talked about summer jobs, internships, and full-time job opportunities for students. Photos by Katie Guinane.



Refugees LINKed to resources

Tabetha Sprunk
Staff writer

Coe's Human Rights Advocates Group teamed up with the non-profit Liberty In North Korea (LINK) for a night of snacks and some eye-opening talk about the current situation in North Korea.

The presentation was led by a LINK intern, Kristen Scott, who graduated from Coe spring 2016.

For the hour presentation, Scott explained the perils of living in or trying to escape from North Korea today, and how LINK has been helping refugees since its founding in 2010.

The communist country of North Korea has a population of about 25 million people. All the citizens, Scott said, are banned from many things Americans often take for granted in the United States, like internet, making international phone calls, and watching foreign television. Those who disobey these rules, or any of the many rules put in place by North Korea's current leader, Kim Jong-un, can face serious consequences. An offense

such as possession of a foreign movie, Scott said, can lead to a public execution.

Scott said the goal of LINK is to help rescue and resettle North Korean Refugees by taking them safely on a 3,000 mile journey to offices in Southeast Asia. These offices can help the refugees find new homes in places like America or South Korea. All of this work is done without any government funding, using only private donations.

As an intern, Scott said she works closely with donors to answer their questions about the work that LINK does, and helped arrange a gala and silent auction for the works of artist Sun Mu to raise money for LINK.



This satellite photo highlights the difference in electrical usage between North Korea and its neighbors. Image taken from website Zero Hedge.

"The crisis in North Korea is one of the greatest humanitarian crises facing our world today," Scott said. "People our age can make the difference."

Wenxia Sweeney ('20) attended the presentation, and found the experience enlightening.

"I didn't know the

situation in North Korea. I'm really glad I came," Sweeney said.

Those interested in donating or interning with LINK can find information at www.libertyin-northkorea.org.



Kristen Scott, an Intern for LINK, said the organization helps resettle refugees from North Korea.

Photo taken from her LinkedIn Page.

Painting the landscape

Mohan Xu
Staff writer

Two area artists brought landscapes to life and are showcasing that work at Coe. The opening reception for the two artists was hosted in Sinclair Auditorium Jan. 13.

These two exhibitions are “Between Crystalline Peaks,” a panoramic-landscape painting by University of Iowa MFA candidate Nicole Shaver, and “Development Potential,” paintings showing the changes of land by Iowa City artist Thomas Agran.

In the Eaton- Buchan gallery hangs Shaver's painting, a translucent landscape with mountains connected to the clouds.

Shaver said her inspiration came from viewing the tranquil mountains in Seydisfjor-

dur, Iceland during the summer.

Shaver used four different kinds of painting on this piece: acrylic, spray paint, oil and foil accents.

“It is definitely an abstraction and a representation landscape, and I like [the merging of both styles],” Shaver said.

Shaver spent two months painting this project, and her work is colorful with different color transitions. Shaver added foil accents in addition to the paint to highlight the geologic forms in her art work.

“It is a personal work and I hope more people get close to the nature and enjoy it,” said Shaver.

In the Marvin Cone gallery, Agran started



Thomas Agran stands near one of his paintings “Burial” during the opening reception Jan.13. This is an acrylic painting on canvas.

Photos by Mohan Xu.

his paintings in the fall of 2016, inspired by a large housing development which used to be a farmstead.

“The land was ripped open, pushed around, rebuilt, and then sutured together with black erosion fence,” Agran explained.

Agran said sometimes when a big change happens to our land, it is important for us to provide a record of that.

“Personally, this is a big focus on regional art in Iowa, and we should talk about what lands

give us now,” said Agran.

In his paintings and drawings, Agran uses four different kinds of painting: graphite on paper, oil on canvas, acrylic on canvas, and oil and spray paint on four panels.

“It is nice to be showcased at Coe,” said Agran, “[since] it is a local project matter.”

Both exhibitions will remain open to the public from 4-6 p.m. each day in the galleries until Sunday, Feb. 5.



Nicole Shaver's mountain painting “Between Crystalline Peaks.” This artwork combines acrylic, spray paint, oil and foil accents.

Kohawks dominate Buena Vista

Delena Humble

Sports editor

After being on the road for their past two games, the Kohawks returned to their home in Eby field-house with a goal to beat this week's opponents, the Buena Vista University Beavers.

The Kohawks started off the game with strong intensity, keeping the Beaver's defense busy throughout the entire first quarter. Coe's quick ball movement and strength at the board allowed them to take an early lead in the game.

In the second quarter, the Kohawks went on an 18-0 run, allowing the Beavers only one point during the entire second quarter.

Aleena Hobbs ('18), Jenna Lehman ('18) and Mickey Hansche ('17) scored 78% of the total points for the entire game.

Hobbs putting up double digits in both points and rebounds helped push the Kohawks toward the 81-64 victory. Lehman was the lead scorer for the evening, putting up 24 points on the board along with 9 rebounds.

Hansche put up 18 points and is now one 3-pointer away from joining the prestigious group of the top 25 NCAA Division 3 Career Three Pointers Made.

Hansche expressed her excitement for this honor, stating that "I owe it all to my teammates, they are the ones that find me and give me the ball so I can

score."

Hobbs said that "our quick start and ability to keep them at a low shooting percentage, which was one of our goals going into this game, is what gave us the initial upper hand."

Hobbs, a new member of the 1000 point club, led the team in rebounds against the Beavers.

Overall, Coe dominated every aspect of the game, and have improved their conference record to 4-4.

The Kohawks return this Saturday in Eby field-house at 2 p.m., to play Simpson College.



Jordan Holmes ('18), top, and Jenna Lehman ('18), bottom, played the Jan. 18 game against Buena Vista.

Kohawks won 81-64.

Photos by Delena Humble and Katie Guinane.

Kohawks face conference front runner

Ryan Izer

Sports editor

On Jan. 19 the Kohawk men's basketball team played host to conference front runner Buena Vista University. Buena Vista entered the contest 5-1 in the conference and the Kohawks entered 4-3 in the conference.

Matt Vonderhaar ('17) led the scoring for Coe with 15 points and Mar-

shall Shedeck ('17) with 10 points.

Kennedy Drey led B.V. with 18 points. Drey also led his team in rebounds with 16.

The Kohawks started out red hot, getting out to an early lead, but the game stayed close throughout.

The Beavers capped off a late-game scoring run with a 3-point basket with 0.6 seconds remaining,

letting them squeak out a one-point win, beating Coe 62-61.

With this loss the Kohawks move to 4-4 in the conference and 8-9 overall.

Matt Meyer ('17) scores a basket against Buena Vista Jan. 18.

Photo by Katie Guinane.



Run, bike and swim your way to health

Jun Lee
Staff writer

With winter weather holding sway, keeping oneself warm with regular exercise is a good way to fight the cold, said Women's Tennis Head Coach Kris Tiedt. Additionally, group workouts can provide the motivation necessary to hold to an exercise regime.

Those looking for a group to join, Tiedt said, should consider getting a fresh start with the Spring Sprint Triathlon.

Tiedt said she has taught Triathlon Training to students for four years, but spring 2016 was the first time holding the Spring Sprint Triathlon. Unlike the triathlon class, Tiedt said, the Spring

Sprint Triathlon is open to faculty and staff members.

The Wellness Committee came up with the idea to expand the student-offered class into an all-campus initiative, Tiedt explained.

Physical well-being is one dimension of total well-being, Tiedt said, and the Wellness Committee is always seeking new ways to encourage what they

consider the seven accepted dimensions of wellness: physical, intellectual, emotional, occupational, environmental, spiritual and social.

Tiedt said all participants will receive a structured training plan and encouragement throughout. Participants will also benefit by having cohorts to train alongside. If that is not enough,

participants will ideally feel a sense of belonging and purpose as well, Tiedt added.

Even though Triathlon Training may seem a daunting task, Tiedt said, "There is much value in the journey. We believe in you."

Questions about the Triathlon can be sent to the Wellness Committee at wellness@coe.edu

Event Dates

Friday, Feb. 24, 6-8 a.m. and 12-2 p.m.
Monday, Feb. 27, 6-8 a.m.

Training Schedule

Mondays & Wednesdays
12:10 - 12:45 p.m. in Clark Racquet Center
Fridays
12:10 - 12:45 p.m. in Pool

Run 3 miles

Bike 12 miles

Swim 500 yards

Women's Basketball

- On Wednesday 01/18, the Kohawks defeated Buena Vista University 81-64.
- Next game: Saturday 01/21, Simpson College (2 p.m.)

Women's Swimming and Diving

- On Thursday 01/14, the Kohawks competed in the Norse Spring Invite, no team score
- Next game: Friday 01/20 and Saturday 01/21, at Grinnell (9 a.m.)

Women's Track and Field

- On Thursday 01/14, the Kohawks placed 9th of 12 at Sol

Sports Reports

Delena Humble

Butler Classic.

- Next game: Saturday 01/21, at Mount Vernon (9:30 a.m.)

Men's Wrestling

- On Thursday 01/12, the Kohawks defeated Augustana 33-10.
- Next game: Saturday 01/21, at Simpson College (8 a.m.)

Men's Basketball

- On Wednesday 01/18, Kohawks lost 62-61 against Buena Vista University.

- Next game: Saturday 01/21, Simpson College (4 p.m.)

Men's Swimming and Diving

- On Saturday 01/14, the Kohawks competed in the Norse Sprint Invite, no team score
- Next game: Friday 01/20 and Saturday 01/21, at Grinnell (9 a.m.)

Men's Track and Field

- On Thursday 01/14, the Kohawks placed 9th of 12 at Sol Butler Classic.
- Next game: Saturday 01/21, at Mount Vernon (9:30 a.m.)

Market Talk

Question of the Week

Michael Lachocki

What is a stock?

You may have heard your parents, professors or acquaintances mention stocks, shares or securities when they talk about their finances or the economy.

All three words are synonyms for the same thing. A stock is simply a piece of a company you receive by purchasing it. With that piece of the company, you assume the

risk that the worth of the piece you bought will go down. But the reason stocks are so popular is because you also get the benefit of profiting from that piece if its worth goes up.

When you purchase stocks in a company, you become a shareholder. Stocks can be bought for as low as \$0.0001 or

upwards of \$200,000 depending on how many stocks the company has to sell.

If a company is worth a million dollars, the company could issue five shares for \$200,000 each, or it could issue a million shares for \$1 a piece. The worth is the same, it is just set up differently.

There are many factors to why a stock's value might go up or down. One of the most influential reasons is the public's perceptions about the stock.

If the public think a company is going to tank, they'll stop buying from that company. The company's earnings will go down and the company's share price will fall.

On the flip side, if the public thinks a company is expanding, they'll buy more from that company, causing the company's share price to rise.

What else can stocks offer you than just monetary value when they are sold? Find out in next week's edition.

Market Talk: Next Week

What else can stocks offer you than just monetary value when they are sold?

WEEKLY SUDOKU

Submit your completed sudoku to the *Cosmos* email to be entered into our monthly drawing to have your photo published.

	5		3		8			6
	7		9	5			3	1
		6		4		9		5
6		2			4	1		
		1				7		
		5	8			3		4
5		3		7		8		
2	8			1	3		9	
9			4		2		1	

Sudoku courtesy of www.websudoku.com

Easy Peasy Recipes

Recipe courtesy of Allrecipes

Photo by Nina Wilson



Sugar Cookies

Instructions

1. Mix butter, sugar, eggs, and flavoring
2. In a separate bowl, stir flour, baking powder, and salt together
3. Combine flour mixture with everything else
4. Chill at least one hour
5. Heat oven to 400°F
6. Roll dough 1/8" thick on lightly floured board
7. Cut with cookie cutter
8. Place on ungreased baking sheet and bake 6-8 minutes

Ingredients

- 3/4 cup butter
- 1 cup sugar
- 2 eggs
- 1/2 tsp. vanilla
- 2 1/2 cups flour
- 1 tsp. baking powder
- 1 tsp. salt