

## **Coe College Special Dietary Accommodation for Medical Reasons**

### **General Information:**

Coe College and Campus Dining, recognize that some students may require special dietary accommodations for medical reasons. The request must be an integral component of a treatment plan prescribed by a medical professional, qualified to treat the particular condition. Situations, such as diets for weight loss and self-imposed dietary restrictions, do not warrant special dietary accommodation.

### **Procedure:**

To request a special dietary accommodation, the following information must be provided:

1. **Diagnosis:** A letter on letterhead paper from an MD or DO (letters from chiropractors or nutritionists are not accepted) is required stating your medical diagnosis. In the event of food intolerance/allergies, the physician must state specifically which food(s) you cannot consume and what the allergy reactions(s) are. This documentation should be sent to Melanie Ostmo (see contact information below) who will forward the information to Campus Dining.
2. **Diet:** We defer to the Academy of Nutrition and Dietetics Nutrition Care Manual for medical nutrition therapy guidance. If the diet is not included in this manual, we request that the doctor send a detailed explanation of the diet to Ashley Lichty (see contact information below).
3. **Next Steps:** Upon receipt of this information, the request will be evaluated by our dietitian, and Campus Dining staff will set up an appointment with the student to discuss their needs and how they can best be accommodated. Open communication between the student and the Campus Dining Staff is necessary for the successful accommodation of the dining experience.
4. **Resolution:** In the unusual event that a student has food allergies that are unable to be accommodated through Simple Servings meals, and is housed in a traditional, meal plan required space; they may need to be considered for alternative housing arrangements.

### **Contact Information:**

#### **Melanie Ostmo**

Coe College Office of Accessibility  
1220 1<sup>st</sup> Ave NE, Cedar Rapids, Iowa 52402  
mostmo@coe.edu

#### **Ashley Lichty**

Food Service Manager  
Coe College Campus Dining Services  
1220 1<sup>st</sup> Ave NE, Cedar Rapids, Iowa 52402  
alichty@coe.edu