



Are you or someone you know struggling with life?  
Tell a friend. Talk to a professor.

**Ask for help.**

You are *not* alone.

### Student Development

**Marc' Bady,<sup>†</sup>** Dean of Students  
319.399.8843

**Justine Jackovich,<sup>†</sup>** Student Conduct Manager  
319.399.8843

**Ron Binder,<sup>†</sup>** Associate Dean of Students and Director of Student Engagement  
319.399.8741

**Steven Shelby,<sup>†</sup>** Coordinator of Multicultural Affairs  
319.399.8843

**Area Coordinators, AACs & RAs**  
*Residence Halls*

**College Adjustment Peers (CAPs)**  
*Available through FYE*

**Cohort and OUTreach Mentors**

**Foundation 2 Mobile Crisis\***  
*24 hours/day, EVERY day*  
319.362.2174  
800.332.4224 (text)

### Health and Wellness

**Emily Barnard,<sup>†\*</sup>** Director of Health and Wellness, Counselor  
319.399.8843

**Sara Heisdorffer,\*** Health Coordinator, Registered Nurse *Lower P.U.B.*  
319.399.8617

**Lindsay Shedek,\*** Nurse Practitioner  
319.399.8617

### Religious and Spiritual

**Melea White,<sup>†\*</sup>** Chaplain/Counselor  
319.399.8843

**Peer Ministers**  
*Available through Chaplain's Office*

**Additional Resources**  
FYS Instructor/Advisor  
Faculty  
Athletic Coach  
Work-Study Supervisor

### Additional Counseling Services

*Free, short-term counseling for Coe students*

**Andrew Beer,<sup>†\*</sup>** Tanager Place Therapist  
319.286.4517

**Emma Thompson,<sup>†\*</sup>** Tanager Place Therapist  
319.286.4517

**Tia Nudotou,\*** Amani Services (cultural specific counseling)  
319.804.0741

### Additional Title IX Resources

**Karla Steffens,\*** Professor & RSVP Advisor  
319.399.8657

**John Chaimov,\*** Professor  
319.399.8594

**Kayla Waskow,\*** Athletics  
319.399.8265

### Academic

**Gina Hausknecht,** Learning Commons Program Director  
319.399.8417

**Rob Kuennen,** Learning Commons, Advisor-at-Large  
319.399.8271

**Learning Commons Staff**  
319.399.8844

### Faculty Advisor

### Riverview Center\*

**Sexual Assault Response Resource and Counseling**  
*24-hour Hotline*  
888.557.0310

**Abby Michael**  
319.540.0880

### St. Luke's Hospital Emergency Room\*

*Located across the street from Hickok Hall and Greene Hall*



**Campus Security**  
**319.399.8888**  
Available 24/7 every day, all year long

<sup>†</sup>Located in Upper Gage

\* Confidential Resource