"COE"-STA RICA
2015-2016*

*BECAUSE WE’LL BE THERE FOR NEW YEAR’S

Visit sunny Costa Rica with the Coe College Music Department this winter! Celebrate New Year’s Eve the Costa Rican way!

Concert Band, Concert Choir, Symphony Orchestra, Women’s Chorale, and Jazz Band

Music
AT COE COLLEGE

Omanson Tour & Travel, Inc.
Darrell Omanson
1205 S. 4th Ave.
Sioux Falls, SD USA 57105
Phone (605)728-8888
fax (605) 338-3192

e-mail: darrell@omansontour.com  www.omansontour.com
To the Members of the Coe College Touring Ensembles:

After much planning, we are about to take off on the winter tour for the music department. You have worked hard to get ready for this, and we hope you will enjoy performing for the different audiences and in the variety of situations. We know your music will represent Coe well.

Please mark your name on the cover of this handbook, read through it thoroughly, keep it with you at all times and refer to it often: it will be your guide. It includes a detailed schedule with phone numbers that you would use in case of emergency. It is particularly important that you take it with you to make sure that you know what time to return and how to reach us if you have a question or problem.

We think you know already that we will treat you as adults if you act like adults, and we are looking forward to taking this trip with all of you. We are sure that you will all conduct yourselves with the dignity and maturity that will tell our hosts, audiences, and other observers, that you are proud of what you are doing, both on- and off-stage. We represent the Music Department, Coe College, Cedar Rapids, Iowa, and the United States to many of these people, and we hope that you will take this responsibility very seriously.

Have a great tour!

Sincerely,

Michelle Blair
William S. Carson
Marc Falk
Steve Shanley
Loralee Songer

Contacting us during the tour:

Email is best – mblair@coe.edu, wcarson@coe.edu, mfalk@coe.edu, sshanley@coe.edu or lsonger@coe.edu

Dr. Carson’s and Mr. Shanley’s US telephone numbers will work in Costa Rica: 319-361-3545 (Carson) 319-551-6660 (Shanley). Please use in emergency only.
Coe College Winter Music Department Tour

Things to do Before You Come to Camp
(Registration - Sunday, Dec. 27, 12:30-7:30 pm)

Notify family, friends – make sure they know that we will make updates on the Coe College Music Department Facebook page, and that this handbook is online at

music.coe.edu

Make sure they have a copy of this handbook, and make sure they know the numbers listed on the previous page.

Choir and Orchestra Uniform:
Choir and Orchestra will wear normal concert attire (choir dresses/concert black).

Band and Jazz Band Uniform:
Black pants or skirt, short-sleeved black shirt or blouse – or black dress; black shoes and socks/hose. Knees covered (no short skirts or shorts). Don't spend a lot of money. We are mostly performing outdoors, so no need to get anything too fancy or formal. Main thing is to be comfortable.

Passport, money, and other valuables.
- As you know, we have a copy of your passport.
- You should still take a copy and leave it with your family. Make sure the passport number and signature are both legible.
- Make sure you have a secure way to transport your passport, money, and plane tickets. We recommend a money belt or one of those cases you wear around your neck (under your shirt) – document safe.

Credit Cards/ATM Cards/Money
- Call and make sure your credit card and ATM companies know you are traveling abroad so they don’t cancel your card.
- Make sure that someone back home knows the account number of any credit cards you will be bringing, and knows what numbers to call to cancel them if need be.
- Make sure you have some foreign currency for small purchases. Many credit card companies have a $5 minimum, so if you buy a pack of gum, you will either pay with cash, or pay $5 for it.
- Credit Cards work as well as in the US, although having one the new chip cards might be helpful.
- Make sure you have some American cash for the airports, and some Costa Rican colón (₡). Don’t carry it all in one place, don’t leave very much behind in hotel room.

American Airlines permits suitcases up to 62" on international flights. If you can bring a smaller suitcase, or even fit everything in your carry-on, that would be better.
https://www.aa.com/i18n/travelInformation/baggage/checked-baggage.jsp
We are paying for one checked bag, and one instrument if needed.
You may also have a carry-on and a personal item (but that must include your instrument, purse, etc.).
Packing Light
We have 50 lb. limit for suitcases. Each person will be able to check a single suitcase and those who do not have their own instruments to check may be assigned other equipment as their second checked item. Coe will pay the extra fees to transport the large instruments, but anyone who goes over the 50 pound limits in their suitcase will need to pay the charge – in local currency, and the charges could really add up – so for that reason, plan to pack light. And don’t forget to include a few pounds to help us carry some smaller percussion equipment. And if you could fit everything in a carry-on and skip a checked bag, that’s just $40 more we can spend on something else, like additional meals for tour participants. Here are some packing suggestions to help keep you within the restrictions.

- Don’t be a clothing horse – we’re all in the same boat – plan to wear the same clothes a couple of times. At the same time, be aware that it could be extremely hot – make sure you have enough clothing or a way to wash important items.
- Don’t bring a lot of makeup, cologne, curling irons, etc. It’s just not about how we look.
- Consider bringing a few sets of clothes you don’t really care about and just leave them behind.
- Soft Side – use a soft-sided suitcase without wheels – why use up ten pounds just for wheels? Put toiletries in the middle.
- Rain Coat – you need a raincoat anyway – make sure you have one with lots of pockets and carry it on the flight, stuffed with anything you need to bring that won’t fit in your carryon and would make your suitcase overweight. The rest of the time you can leave it in your suitcase. Carry on any heavy books you have with you (or just don’t bring books!) – make it look like you’re going to spend the entire flight studying!
- Sample size toiletries – instead of bringing one big bottle of shampoo that stays the same size the whole time, bring several smaller bottles, and discard the empty ones after usage. Same goes for deodorant, toothpaste, etc.
- Pack a small, separate bag for the stuff you need for camp. We’ll let you lock that up in Marquis somewhere. (If you are assigned to your own dorm room, you may leave your camp stuff in your room.) No point in dragging dirty clothes along with you all the way to Europe and back!
- Make sure any medication you bring is in the original container.
- Make sure you pack some personal items in your carryon in case luggage is lost or delayed.

✓ Label everything!
✓ Practice the music – the better you know it, the more fun we can have with it!
✓ And for goodness sake, don’t forget to bring the music!
✓ Music stands will be provided!
Concert Program

Women’s Chorale

Wana Baraka ("They Have Blessings") ................................................................. arr. Shawn L. Kirchner (b.1970)
Jeremiah de la Peña '19 and Rick Moeslein '19, percussion

Riu, Riu, Chiu ........................................................................................................... Linda Spevacek

Meyango ..................................................................................................................... Sweet Honey in the Rock

Concert Choir

Two American Spirituals ........................................................................................... arr. Moses Hogan
1. Joshua Fought the Battle of Jericho
2. I'm Gonna Sing 'til the Spirit Moves in My Heart

Tres Canciones ......................................................................................................... Juan Bautista Plaza (Venezuela)
1. La Cancion Heroica
2. La Cancion Serena
3. La Cancion Dichosa

Three American Hymns
1. Unclouded Day
2. Angel Band
3. Hallelujah

Concert Choir + Orchestra

Nun komm der Heiden Heiland ("Come Now, Savior of the Gentiles"), BWV 61 ............................................. J. S. Bach

Orchestra

Serenade for Strings in C major, op. 48 ........................................................................... Pyotr Ilyich Tchaikovsky
III. Elegy: Larghetto elegiaco
IV. Finale (Russian theme): Andante--Allegro con spirito

Jazz Band

Hook, Line and Sinker ................................................................................................. Paul Clark
Meetin' Time ............................................................................................................. Benny Carter

Shake a Lady ............................................................................................................... Ray Bryant, arr. Oliver Nelson

I Loves You, Porgy ................................................................................................... George & Ira Gershwin, arr. Bret Zvacek

Move Your Rug ......................................................................................................... Jeff Coffin

Concert Band

Vienna Philharmonic Fanfare ....................................................................................... Richard Strauss, arr. Shanley

Selections from Second Suite in F .............................................................................. Gustav Holst

Air from Concerto for Piccolo ..................................................................................... Barry McKimm, arr. Shanley

Shivhan Dohse, piccolo

Selections from Variants on a Medieval Tune .......................................................... Norman Dello Joio

Star Wars Suite ......................................................................................................... John Williams, arr. R. W. Smith
Pre-tour Itinerary
Always subject to change due to traffic, weather, etc.

December 27
12:30 – registration opens (at music office)
1:00 – 2:00 Jazz Band
2:00 – 3:00 Choir
3:00 – 4:00 Choir + Orchestra (Bach, tutti)
4:00 – 5:00 Orchestra
Dinner break
6:30 – 7:30 Chorale
7:30 – registration closes
7:30 – 9:00pm Band
Students stay in their own dorm rooms. Community members traveling from out of town (Tien, Blankenheim), call Security (319-399-888) to get into your room at Alumni House.

December 28
8:00 Light Breakfast served in Marquis 105
9:00 – 10:30 am Band
10:30 – 12:00 pm Orchestra
12:00 pm – 1:00 Lunch
1:00 – 2:30 pm Jazz Band
2:30 – 4:00 pm Orchestra + Choir (Bach, tutti + soloists)
4:00 – 5:00pm Choir
5:00 – 6:00pm Chorale
6:00 – 7:00pm Dinner

7:30 Run Through Concerts
String Orchestra
Chorale
Choir
Combined Orchestra and Choir
Jazz Band
Concert Band

December 29
8:00 Light Breakfast served in Marquis 105
9:00 Band
9:45 Choir/Orchestra
10:30 Choirs
11:15 Jazz Band
➢ To those parking cars on campus: Please leave your cars in the large lot behind the apartments along 14th Street. Please use the portion of the lot closer to the Racquet Center and the football field.

Noon Load buses (Lamers Bus Company, contact – Tracey Melvin, 608/ 781-8177)
Drivers: STANTON, ROBERT D 608-387-5200
DUERKOP, BURNELL C 608-386-7278

12:30 Depart Coe College
4:30 Arrive Downtown Chicago
Enjoy Chicago for dinner, shopping, etc.
But don’t buy much – you will have to carry it with you on the whole trip!
7:30 Pick up Downtown Chicago
8:15 Unload at O’Hare Hilton, check into rooms
Head to bed early – we have very early departure times tomorrow!

Chicago O’Hare Hilton
O’Hare International Airport, Chicago, Illinois, 60666, USA
TEL: +1-773-686-8000
Flight Instructions

Our flights are on American Airlines, and depart out of Terminal 3. The Hilton is in Terminal 2. The walk takes only minutes.

Flight Group A (see list below) has a 3:00 am check-in. You will meet in the Hilton lobby at 2:45 am, turn your keys in to Dr. Falk, who will lead you to the gate.

Flight Group B (see list below) has a 4:15 am check-in. You will meet in the Hilton lobby at 4:00 am, turn your keys in to Dr. Carson, who will lead you to the gate.

Both groups – line up with the people with the most fragile carry-on instruments at the front (violins, violas, etc.). Then line up those who hope to carry their instruments on, but are not sure (saxophone, trumpet). After that line up everyone who has both an instrument to check and a suitcase (trombone, tenor sax). After that line up people who have only one item to check (choir, flute, clarinet, oboe). No one may check three items. If you have two large instruments, you need to have someone else check your second instrument.

Coe is paying for your luggage and one instrument, but please carry on anything that is small enough. You may only carry on two items: one carry-on (instrument case, small rolling bag, etc.), and a personal item (small backpack, purse, briefcase, computer bag).
Flight Group A

| Emilio Ayala-Enriquez                     | Zoe Jennings                |
| Abbie Brewer Brewer                      | August Lee                  |
| James Brewer                            | Janelle Oster               |
| Paul Cartwright                         | Rachel Riemenschneider      |
| Jacob Coble-Frakes                      | Robert Robinson             |
| Marc Falk                               | Kayla Russo                 |
| Zach Falk                               | Jeffrey Stobb               |
| Dana Foster                             | Kennedy Stomberg            |
| Lucy Foster-Falk (infant)               |                             |

**Wednesday, December 30, 2015**
Dep.> Chicago-O’Hare Int’l on American (AA) flight 1411 at 6:00 AM  
Arr.> Miami Int’l Airport on flight AA flight 1153 at 11:12 AM  
**Wednesday, January 06, 2016**
Dep.> San Jose, CR Int’l Airport on flight 1238 at 12:45 PM  
Arr.> Miami Int’l Airport at 4:45 PM  
Dep.> Miami Int’l Airport on flight 1153 at 11:12 AM  
Arr.> San Jose, CR Int’l Airport at 1:08 PM

**Departure Day Information**

1. Report to the Chicago O'Hare Int'l Airport by 3:00 AM. Check in at the American Airlines International Desk. You will receive boarding passes with seat assignments for all segments of travel.

2. Make sure your passport is not packed inside your luggage. It should be secured but ready to present when you are ticketed (passport pouch!).

3. If you are using hard-sided luggage, it is a good idea to put a strap of some kind around it. Some marking (e.g. colored tape) is also a good idea. Do not lock your luggage, but you may use special TSA security locks.

4. During the flight, meal items will be available for purchase.

5. Flight numbers and times may change many times between now and departure day.

6. You may be eligible to earn mileage on American Airlines if you are a frequent flyer member. You will need to present your frequent flyer card upon check-in to earn mileage. It is a good idea to keep all boarding passes in case you do not receive the appropriate credit for miles earned for this trip.

7. Dr. Carson will contact American Airlines at 1-800-433-7300 or at www.aa.com 24 hours before your departure to check if your flight times have changed.
RESERVATION NUMBER(S) AA/BPNEFT

ETKT:AA 001 7717024950 AYALAENRIQUEZ/EMILIO
ETKT:AA 001 7717024951 BREWER/ABBIE
ETKT:AA 001 7717024952 BREWER/JAMES
ETKT:AA 001 7717024953 CARTWRIGHT/PAUL
ETKT:AA 001 7717024954 COBLEFRAKES/JACOB
ETKT:AA 001 7717024955 FALK/MARC
ETKT:AA 001 7717024956 FALK/ZACHARY
ETKT:AA 001 7717024957 FOSTER/DANA
ETKT:AA 001 7717024958 JENNINGS/ZOE
ETKT:AA 001 7717024959 LEE/AUGUST
ETKT:AA 001 7717024960 OSTER/JANELLE
ETKT:AA 001 7717024961 RIEMENSCHNEIDER/RACHEL
ETKT:AA 001 7717024962 ROBINSON/ROBERT
ETKT:AA 001 7717024963 RUSSO/KAYLA
ETKT:AA 001 7717024964 STOB/JEFFERY
ETKT:AA 001 7717024965 STOMBERG/KENNEDY
Flight Group B

Yara Alarcon-Furman  Bethany Lehman
Annie Atkins  Brendan McLean
Jessi Austin  Rick Moeslein
Bethany Baker  Courtney Moore
Chris Bird  Drew Morton
Aaron Blair  Greg Morton
Michelle Blair  Wendy Morton
Paula Blankenheim  Kristina Myers
Tom Blankenheim  Joel Nagel
Hannah Bode  Al Naylor (conf#ATUWDB)
Lucas Boley  Chris Nicholas
Gillian Brown  Allison Offerman
Eric Carson  Jonathan Raley
Laura Carson  Emily Sandberg
Marissa Carson  Leslee Sandberg
William Carson  Luke Sanders
Ali Clifton  Bree Sayles
Jeremiah de la Pena  Steve Shanley
Nora Dietz-Kilen  Val Shanley
Shivhan Dohse  Eric Sindelar
Tara Ely  Karen Sindelar
Kayla Fobian  Kevin Sindelar
Joanna Funkhouser  Sarah Sindelar
Laura Gibson  Loralee Songer
Heidi Graff  Hannah Soper
Piper Grubb  Dani Swiatek
Gregory Guokas  David Tien
John Haack  Leslie Tien
John Hall  Zoe Tien
Lauren Harris  Ellen Timmons
Spencer Henessee  Rachel Tollefsrud
Joan Jacob  Michael Woodruff
Rachel Kingham
Flight Group B (continued)

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<td>Dep.&gt; Miami Int'l Airport on flight AA flight 1592 at 12:25 PM</td>
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<td>Arr.&gt; Miami Int'l Airport at 6:16 PM</td>
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<td>Dep.&gt; Miami Int'l Airport on AA flight 314 at 8:24 PM</td>
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<td>Arr.&gt; Chicago-O'Hare Int'l at 10:57 PM</td>
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Departure Day Information

1. Report to the Chicago O'Hare Int'l Airport by 4:15 AM. Check in at the American Airlines International Desk. You will receive boarding passes with seat assignments for all segments of travel.

2. Make sure your passport is not packed inside your luggage. It should be secured but ready to present when you are ticketed (passport pouch!).

3. If you are using hard-sided luggage, it is a good idea to put a strap of some kind around it. Some marking (e.g. colored tape) is also a good idea. Do not lock your luggage, but you may use special TSA security locks.

4. During the flight, meal items will be available for purchase.

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December 30 • Depart
December 31 • San José
   January 1 • Arenal
   January 2 • Arenal
   January 3 • Arenal
   January 4 • Quepos
   January 5 • Quepos
   January 6 • Return to USA
Costa Rica Itinerary

Day 1 – Wednesday, December 30 • Arrival San José
The Costa Rican portion of our tour begins with our arrival in San José, Costa Rica. We arrive at the Juan Santamaría International Airport in the afternoon, according to our flight schedules, listed above. After clearing immigration and customs, we meet our drivers, guides, and our travel agent, Darrell Omanson. We then transfer to our hotel for overnight.

5:00 – 7:00 – The hotel has provided us with a room for a quick warmup rehearsal.

Best Western – Irazú
Km 3 Autopista General Cañas San José San José, Costa Rica
http://www.bestwesterncostarica.com/
+506 22 90 93 00

Day 2 – Thursday, December 31 • San José
This morning enjoy a fascinating tour of San José with a local guide. A short drive away Cartago awaits us. Here we visit Magmática, an earthquake simulator that also offers information on the geological history of Costa Rica, its volcanoes and earthquakes.

Following the tour of the museum, lunch will be on our own to fuel up before the first performance at a local mall.

Concert 1:
Date: 31 December 2015
Time: 3:00 PM
Location: Mall Paseo Metrópoli
Address: 10, Cartago

We return to our hotel to ring in the New Year with a New Year’s Eve Party featuring dinner, a DJ, and memories to last a lifetime.

Best Western – Irazú
Breakfast and dinner included
Day 3 – Friday, January 1 • Sarchí, Zarcero & Arenal
This morning depart for La Fortuna and the Arenal Volcano, stopping in Sarchí and Zarcero en route. Sarchí is a small town known for its woodworking and craftsmanship, especially its wide variety of handmade oxcarts, a common and traditional symbol of Costa Rica. Zarcero is famous for its topiary garden, where you can see shrubs sculpted as a monkey on a motorcycle, a man wearing a top hat, and other figures. Upon arrival at La Fortuna, stop for some breath-taking vistas of the Arenal Volcano, Costa Rica’s most famous volcano! After checking in to our appropriate hotels (we are in two hotels in this location) we gear up for the second performance in La Fortuna’s Central Park. La Parque Central de La Fortuna has hosted many of the area’s main events and is ready to put one more in the books!

Concert 2:
Date: 1 January 2016
Time: 5:30 PM
Location: La Fortuna Park
Address: Calle 470

We are split into two hotels in this location:
Hotel Lavas Tacotal
10 kms hacia el Oeste de la Iglesia Católica de La Fortuna
La Fortuna San Carlos
Tel: 011-506 2479 1200
www.tacotal.com

Arenal Paraiso Resort
7 kms hacia el Oeste de la Iglesia Católica de La Fortuna
La Fortuna San Carlos
Tel: 011-506 2479 1100
www.arenalparaiso.com

Breakfast included

Day 4 – Saturday, January 2 • Arenal
Start the day off with a “splash” during a float on the Rio Peñas Blancas! The Peñas Blancas River is perfect for those who want some excitement, and also a sightseeing ride for those who want to relax and take in the flora and fauna. This excursion is safe for all ages and is escorted by certified rafting and naturalist guides. The rest of the day is free to grab a bite to eat and explore the area.

Hotel Lavas Tacotal/ Arenal Paraíso Resort
Breakfast included
Day 5 – Sunday, January 3 • Arenal
Enjoy breakfast at the hotel before heading on to today’s adventure. See the best of Costa Rica as we take an Arenal canopy tour! The Arenal Sky Trek system offers 8 cables, including one that is almost a half mile long! It also offers top-notch cable equipment. Participants are attached individually to the cables with two high quality harnesses, which support the body so that you feel as though you’re sitting in a chair. Safety is the number one priority of the Sky Trek team, and as such, fun and excitement become the prevailing memory of visitors. The canopy tour lasts approximately 3 hours. During some free time explore the area and find a bite to eat.

Hotel Lavas Tacotal/ Arenal Paraíso Resort
Breakfast included

Day 6 – Monday, January 4 • Quepos
After breakfast, descend from the mountains to the Inter-American Highway built in the early 1940’s to connect Alaska with the southern tip of South America. Heading south, we make our way through various climatic zones and ecosystems to the famous Manuel Antonio National Park. En route pass through palm oil plantations, and possibly see a locally famous 14-foot crocodile near the Tarcoles River. Continue to the hotel for check-in, followed by some time to relax by the pool, or walk the miles of beach across the street. Once we are all refreshed, the third concert will be performed at the Theater in Quepos.

Concert 3:
Date: 4 January 2016
Time: 7:00 PM
Location: COPAZA Theater
Address: Downtown Quepos

Breakfast included

Day 7 – Tuesday, January 5 • Quepos
This morning naturalists will take the group into the tropics of Manuel Antonio National Park. The park is dotted with almost perfect sandy beaches, connected by trails that cut through the rain forest. The national park was created to preserve its forests, which are home to endangered squirrel monkeys, three-toed sloths, white-faced monkeys, and hundreds of other species of birds, animals and plants. Tonight we enjoy a Farewell Dinner at El Gran Escape.

Breakfast and dinner included
Day 8 – Wednesday, January 6  
• Return  
An early start to the day prepares us for the journey home. We eat an early breakfast just before we meet our driver who takes us safely to the San José airport where we begin our return flight home. ¡Pura Vida!  
  
Breakfast included  

See flight information, pages 8-13  

Wednesday, January 6 continued  
Check in as directed on page 8 (in order according to carry-on instruments, checked instruments.  
11:00 pm Arriving Chicago, customs, baggage claim  
11:15 Load bus for Cedar Rapids  
4:00 am Arrive Cedar Rapids, unload  

Concert Schedule  

Concert 1:  
Date: 31 December 2015  
Time: 3:00 PM  
Location: Mall Paseo Metrópoli  
Address: 10, Cartago  

Concert 2:  
Date: 1 January 2016  
Time: 5:30 PM  
Location: La Fortuna Park  
Address: Calle 470  

Concert 3:  
Date: 4 January 2016  
Time: 7:00 PM  
Location: COPAZA Theater  
Address: Downtown Quepos
San José, Costa Rica
December 30, 2015 - January 1, 2016
Best Western Irazú, Hotel and Casino (Irazu) General
Canas Hwy KM3
San José
Tel: 011-506 2290 9300
www.bestwesterncostarica.com

La Fortuna, Costa Rica
January 1, 2016 - January 4, 2016
Hotel Lavas Tacotal
10 kms hacia el Oeste de la Iglesia Católica de La Fortuna
La Fortuna San Carlos
Tel: 011-506 2479 1200
www.tacotal.com

La Fortuna, Costa Rica
January 1, 2016 - January 4, 2016
Arenal Paraiso Resort
7 kms hacia el Oeste de la Iglesia Católica de La Fortuna
La Fortuna San Carlos Tel: 011-506 2479 1100
www.arenalparaiso.com

Quepos, Costa Rica
January 4, 2016 - January 6, 2016
Best Western Kamuk Ave
Central Quepos 6350
Tel: 011-506-2777-0811
www.kamuk.co.cr/
Tour Housing Information

Those staying on campus, you will be in your own dorm room.

Those staying in Alumni House (Blankenheim, Tien) will get their keys by calling Security at 319-399-8888. Blankenheims – CAH 203. Tiens – CAH 204, Dec. 27 – 29, Jan. 6

Housing in Chicago
December 29, 2015

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<td>Tom Blankenheim</td>
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<td>James Brewer</td>
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<td>William Carson</td>
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- 20 -

Coe College Winter Music Department Tour
## Housing in Costa Rica (San Jose and Quepos)
### December 30, 2015 – January 6, 2016

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<td>Bree Sayles</td>
<td>Ali Clifton</td>
<td>Kayla Fobian</td>
<td>Bethany Lehman</td>
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Rooming in La Fortuna (2 hotels)

**ROOM LIST FOR NIGHTS IN 2 HOTELS**

**HOTEL #1: La Fortuna – Arenal Paraiso**

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<tr>
<th>6 Double Rooms</th>
<th>1 Twin Rooms (2 beds/room)</th>
<th>1 Single Room</th>
<th>Total=15 Persons/8 Rooms</th>
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<td>Shivhan Dohse</td>
<td></td>
<td>Driver 1</td>
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<tr>
<td>Drew Morton</td>
<td></td>
<td>Driver 2</td>
<td></td>
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<tr>
<td>John Hall</td>
<td></td>
<td>Humbert Hernández (Guía) or Patricia Alfaro (Guía)</td>
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<tr>
<td>Ellen Timmons</td>
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<td>Greg Morton</td>
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<td>Wendy Morton</td>
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<td>Leslee Sandberg</td>
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HOTEL #2: La Fortuna – Lavas Tacotal

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<th><strong>9 Double Rooms</strong></th>
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<td>Michael Woodruff</td>
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<td>Brendan McLean</td>
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<td>Rick Moeslein</td>
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<td><strong>4 Triple Rooms</strong></td>
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<td>Dana Foster</td>
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<td>*Lucy Foster-Falk (infant/crib)</td>
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<td>James Wang</td>
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<td><strong>1 Twin Room (2 beds/room)</strong></td>
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<tr>
<td>Darrel Omanson</td>
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<td>Alan Naylor</td>
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<tr>
<td><strong>1 Single Room</strong></td>
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<tr>
<td>Humberto Hernández or</td>
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<tr>
<td>Patricia Alfaro</td>
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<tr>
<td><strong>Total=73 Persons/25 Rooms</strong></td>
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Security and health advice:

- Communication: Have a calling card, or other method to reach home (it is VERY unlikely that your cell phone will work overseas – even if your company says it will – and if it does, you could have a huge phone bill!). You can get a cheap calling card at Target. Make sure you know that it can be used overseas. If you have a GSM enabled mobile phone, you could buy a SIM card when we get there.
- For sanitary reasons overseas, do not get any new piercings or tattoos.
- Know where the nearest US Embassy or Consulate is.
- Keep copies of your passport and passport photo in a separate place from your actual passport (this will help if your passport is lost or stolen). Dr. Carson will also have electronic copies.
- Wash your hands often – maybe carry antibacterial lotion or wipes.
- Drink lots of bottled water or juices, especially during the flights.
- Get rest when you can. There will be lots of exciting things to experience, and you won’t want to miss them in order to take a nap. Be sensible about bedtimes. We do not plan to impose curfews, but the hotels may have some limits. Please respect them.

Things to Bring:

- SUNTAN LOTION and SUNGLASSES (perhaps a second pair)! Please take the summer sun seriously. We don't have time to take you to the hospital for dehydration, sunburn, etc.
- Passport – and a safe way to carry it with you at all times: “a person without a passport is a person without a country!”
- Travel Alarm Clock – “to be on time is to be late – to be early is to be on time” In other words, be early!
- Guide books or money to buy them
- Warm weather clothes
- Any clothing with Coe Logo, especially Coe Music Jackets and Shirt(s)
- Weather-appropriate clothing – short-sleeves recommended.
- Comfortable shoes. (multi-purpose would be good – do you really need separate pairs for concert, plane, etc.?)
- Instrument, neck-strap, mutes, stand, extra reeds, mouthpieces, sticks, music, etc.
- Spending money: Be prepared to buy souvenirs, pay for meals, etc. We suggest that you bring a little extra in case you see something interesting, or in case of emergency. You do need to be careful about the amount you bring: treat it like Las Vegas - don't bring any more than you are willing to lose! But make sure you bring enough - We will not loan anyone money (except in emergency).
- Your uniform as described above.
- Laundry soap (in a plastic bag). Extra plastic bags for separating wet clothes if necessary. A small clothesline might help, too. Clothespins would be a good addition, too.
- Bus and airplane food to share – but no beverages may be brought through security.
- Camera. Memory cards.
- Medications and vitamins (Dramamine for the plane if you need it, too) in carry-on
- A signed physician’s prescription for each prescription medicine you bring. This may come in handy if you lose your medication, or if there are any questions at customs.
- Plan to share items
- Plan to bring a small towel and washcloth that don’t take up too much room and don’t take too long to dry.
- Swimsuit & towel just in case
- Please do not bring beach towels! Too bulky!
Things not to bring:
- Unneeded Valuables (jewelry, boom boxes, instruments that aren't needed for tour, etc.)
- Offensive clothing
- No alcoholic beverages in plane, no consumption of alcohol in vehicles
- Anything that will not pass airport security
- Large items that aren't needed (hairdryers, etc.)
- No aerosol sprays or other flammable objects. (no matches or cigarette lighters)
- Don’t bring clothes that take too long to dry!
- No knives, etc. in carry-ons. Don’t forget to move your reed knife from your instrument case to your suitcase.
- Don’t bring anything you wouldn’t want one of us to find.

Suggestions to keep us all sane while living together so closely:
- Don’t lose your passport or plane tickets.
- Have your belongings well marked.
- There may need to be quiet hours. Please respect them.
- Please respect individual requests for quiet or privacy (but don’t allow someone to wander off alone).
- Always consult your tour book for times, emergency phone numbers, and information.
- Be on time! (“to be on time is to be late, to be early is to be on time!”)
- No consumption of alcoholic beverages on show days prior to performance time.
- No underage drinking.
- Obey all laws. Remember, you represent Coe College. We won’t have enough money with us to pay bail.
- Be responsible for your own belongings, and look out for those of others – double-check before leaving concert sites, transportation, and hotel.
- Don’t do anything you wouldn’t want us, your parents, or the Dean to know about.
- Keep the buses clean – remove all trash, don’t bring ice cream on the bus.
- We are in close proximity during concerts, rehearsals, and bus and plane rides. Please avoid use of perfumes or colognes during these times.
- Use common sense, courtesy, and teamwork: we will have a lot of fun, but we will also work hard and try to accomplish a lot in a short time. Help each other out, and get some rest when you have the chance!
- Have fun playing these concerts and learning about new cultures. Take care of your health - there is time for relaxation, but, all told, this is a strenuous tour. We will not be sympathetic with anyone who has fallen ill because he or she failed to get enough rest or who has eaten or drunk improperly. Coe has spent a lot of money on this tour, and we have made a major investment of time. You have an obligation to be at your best at all times when in public. Keep this in mind, and make us proud of everything you accomplish on this trip.
- You know that we will treat you as adults - as long as you act like adults. Be responsible, represent us well, be on time, and have a great trip!

Hotel Information
- No practicing in the hotel rooms. If the front desk can direct you to an appropriate place, go ahead.
- Be careful of conversation volume late at night.
- Please do not make phone calls from the room, unless you have already made sure that there are no surcharges. Under no circumstances are you to charge calls to the room. If the room has pay-per-view movies, please pay in advance. We want no charges on the hotel bill other than the lodging.
- No room switching without permission.
- Be respectful of roommates--if you are visiting someone late at night, are you sure their roommate wants you in the room?
Important Advice:
Most of you are unfamiliar with the places we are going. Do not go exploring without good
directions from a reputable source (desk clerk, etc.). Under NO circumstances should anyone
venture off on their own without a partner. If you see someone start to wander off, stop them.
We don't want to scare you, but any city has neighborhoods that you should not be in. NO
ONE GOES OUT ALONE FOR ANY REASON! There is safety in numbers - stick together
in decent sized groups (three or more). Do not carry loosely attached purses, do not carry
large amounts of money in wallets in back pockets (the front pocket is less comfortable but
safer). Do not leave items of value in motel rooms. Watch out for each other! It is better to
be overly cautious than to have a problem. Be careful in traffic, and do not travel away from
the hotels unless you are alert enough to take good care of yourself. Use good common sense,
and we are sure we will have no trouble, but do be cautious.

You must travel in groups of 3 or more. These rules apply for the entire trip.
NO ONE GOES OUT ALONE. No groups of 2 other than staff members.

**EMERGENCY CONTACT NUMBERS**

**US Embassy San Jose**
**Location:** In Front of Centro Comercial del Oeste Pavas, Costa Rica.
**Street Address:** Calle 98 Vía 104, Pavas, San José, Costa Rica
**Telephone:** (506) 2519-2000 or (506) 2220-3127
   From the U.S.: 011-506-2519-2000 or 011-506-2220-3127
   ACSSanJose@state.gov

**Travelex Insurance**
**24/7 Emergency Travel Assistance & Concierge Services:**
Dial 1-855-892-6495 from the US
In case of emergency call collect at 001-603-328-1373
www.travelexinsurance.com

**Dr. Carson will have his US phone number**
**for emergency use only:**
Dial 1-319-361-3545 from the US
Or +1-319-361-3545 from Costa Rica

These numbers may be downloaded from the
http://www.public.coe.edu/~wcarson/TourEmergencyPhoneNumbers.htm webpage
Or are clickable by scanning this QR code:
Packing List

We recommend bringing the following:

- **Rubber-soled shoes** that can get wet (i.e. tevas, tennis shoes)
  Keep in mind that if you wear tennis shoes for rafting, you’ll need another pair to wear while these dry out.
- **Swimsuit/trunks**
- **Shorts** of a quick drying material
- **Hat** with a brim for sun
- **Towel**
- Waterproof **sunscreen** of SPF 30 or higher
- **Croakies** or straps to secure sunglasses
- **Shoes** with ankle support (or Tevas) for hiking
- **Rain jacket** or poncho
- **Insect repellent**
- One pair of **jeans** or other long pants
- **Light jacket** and sweatshirt – it can get a little chilly at night

**Optional items include:**

- Flashlight
- Binoculars
- Motion sickness pills
CALLING HOME

It is sometimes difficult to call your family in the US and Canada while traveling in Costa Rica. At hotels it may be difficult to call out or the rates posted are not accurate. (The rate could be much higher than the rate posted.) Before making a call, ask the front desk what the charges will be. Should you have difficulty with the phones and need to make a call, you can purchase a phone card that works on most public pay phones (ask your guide for assistance in purchasing the correct phone card). Remember the most economical way to keep in touch is by email. We recommend that you use it whenever it is available.

AT THE BANK

Currency Exchange Rates at time of printing (11/17/15):
1 US Dollar = 462 Costa Rican Colon
1 Costa Rican Colon (CRC) = 0.0022 US Dollar

CLIMATE

Temperatures in Costa Rica vary widely depending more on the terrain than the season. With an annual rain fall in many areas averaging over 75 inches, be prepared for rain. Temperature averages: Lowlands 86° high / 60° low • Mountain regions 70° high/50° low

TIME

Costa Rica is in the Central Time Zone
Tipping:  
For dinners that are included in the itinerary, it is customary to tip for any drinks that you may order. Rounding up on the cost of the drink is sufficient. For meals on your own, it is customary to leave a small tip (a dollar or two) on the table, although there is a “service charge” included in the cost of the meal.

Traveling Times:  
Costa Rica is a small country and the places we visit may look close on the map, but due to the lack of direct roads, and sometimes unfavorable conditions, it often takes longer than you’d think to get from one place to another. We just want to prepare you for this and ask for your understanding. We promise that the beauty of the destinations makes the long ride worth it!

Electricity:  
Electrical outlets in Costa Rica are the same as in the U.S., so you will not need an adapter/converter for your electronic devices.

Money:  
Almost all places in Costa Rica will accept US dollars. That said, not many places list their prices in dollars, so it’s often easier to pay in Costa Rican colones. If you would like to get colones (and we recommend you do), they are available at an ATM in the baggage claim area of the San José airport. (Withdrawing colones from an ATM offers the best exchange rate—much better than converting dollars to colones before departing.) Note that some places accept credit cards, but not all.
Introducing COSTA RICA

Costa Rica is Central America’s jewel. It’s an oasis of calm and an ecotourism heaven, making it one of the best places to experience the tropics with minimal impact. It’s also mostly coastline, which means great surfing, beaches galore and a climate built for laziness. Costa Rica’s enlightened approach to conservation has ensured that lush jungles are home to playful monkeys, languid sloths, crocodiles, countless lizards, poison-dart frogs and a mind-boggling assortment of exotic birds, insects and butterflies. Meanwhile, endangered sea turtles nest on both coasts and cloud forests protect elusive birds and jungle cats. Thrill seekers can fly through forests on zip lines, peer into boiling volcanoes, surf oversized waves and dive with dolphins and whales—all in the course of a normal day. Then again, if you have some serious chilling to do, you can always lounge in a hammock and enjoy the pure life, or pura vida—a national expression that sums up the desire to live the best, most hassle-free existence.

Costa Rican Cuisine

Although Costa Rica is not a culinary destination, the food is generally good. Traditional dishes run to the South American staples of beef, chicken and fish dishes, with rice, corn or beans as supplements. Many visitors are surprised to find that Costa Rican food is not particularly spicy or hot. One Costa Rican staple you will surely get to try is pinto gallo. Normally served for breakfast, pinto gallo is a blend of beans, rice and spices. If you’re not opposed to beans, it’s pretty tasty. Also on the positive side, Costa Rican coffee and fruit are sublime. Fresh papaya and mango are commonly seen on breakfast buffets, and even the coffee from fast-food restaurants is a cut above your average North American cup of joe.
Costa Ricans speak slowly and clearly as a rule, making it easier for beginners to follow a conversation. But they also have a wide range of regional expressions and words that can confuse travelers accustomed to the Spanish of Mexico or South America. Costa Ricans are extraordinarily patient with travelers who mangle their language, and appreciate all attempts regardless of their content.

_Ticos_ (as Costa Ricans are informally called) are quite fond of the diminutive, changing _un momento_ (one moment) into _un momentito_, _mi amigo_ (my friend) into _mi amigito_, _un café_ (a coffee) into _un cafécito_ and so on. Terms of endearment are common and sometimes amusing; girlfriends are fond of calling each other _gordita_ (little fatty) and all friends refer to each other as _mi amor_ (my love).

Below are some common Costa Rican words and phrases, called _tiquismos_.

_Hello, goodbye, see you later_—¡Adios!
_Is anyone home? I’m here_—¡Upe! (typically used when approaching someone’s home)
_Great, terrific, life is good_—¡Pura vida!
_Cool, okay, great_—tuans
_Uncool, bad_—mala nota or furris
_That’s wonderful!_—¡Qué bruto! ¡Qué bárbaro!
_That’s horrible!_—¡Qué horror! ¡Qué fatal! ¡Qué maje!
_Buddy_—maje (used by males among their peers)
_Costa Rican_—tico
_San José resident_—josefino
_San José_—Chepe
_Coffee shop_—soda
You will get one of these forms from the flight attendant on the way home from Costa Rica. Make sure you have a pen.
U.S. Customs and Border Protection Welcomes You to the United States

U.S. Customs and Border Protection is responsible for protecting the United States against the illegal importation of prohibited items. CBP officers have the authority to question you and to examine you and your personal property. If you are one of the travelers selected for an examination, you will be treated in a courteous, professional, and dignified manner. CBP Supervisors and Passenger Service Representatives are available to answer your questions. Comment cards are available to compliment or provide feedback.

Important Information

U.S. Residents — declare all articles that you have acquired abroad and are bringing into the United States.

Visitors (Non-Residents) — declare the value of all articles that will remain in the United States.

Declare all articles on this declaration form and show the value in U.S. dollars. For gifts, please indicate the retail value.

Duty — CBP officers will determine duty. U.S. residents are normally entitled to a duty-free exemption of $800 on items accompanying them. Visitors (non-residents) are normally entitled to an exemption of $100. Duty will be assessed at the current rate on the first $1,000 above the exemption.

Controlled substances, obscene articles, and toxic substances are generally prohibited entry. Agriculture products are restricted entry.

SAMPLE: IMMIHELP.COM

The transportation or currency or monetary instruments, regardless of the amount, is legal. However, if you bring in to or take out of the United States more than $10,000 (U.S. or foreign equivalent, or a combination of both), you are required by law to file a report on FinCEN 105 (formerly Customs Form 4790) with U.S. Customs and Border Protection. Monetary instruments include coin, currency, traveler’s checks and bearer instruments such as personal or cashier’s checks and stocks and bonds. If you have someone else carry the currency or monetary instrument for you, you must also file a report on FinCEN 105. Failure to file the required report or failure to report the total amount that you are carrying may lead to the seizure of all the currency or monetary instruments, and may subject you to civil penalties and/or criminal prosecution. SIGN ON THE OPPOSITE SIDE OF THIS FORM AFTER YOU HAVE READ THE IMPORTANT INFORMATION ABOVE AND MADE A TRUTHFUL DECLARATION.

Description of Articles

(List may continue on another CBP Form 6059B) Value CBP Use Only

You do not need to itemize or be exact.

One line: Gifts and an estimate

Another line: Souvenirs and an estimate

If you bought something large and expensive (more than $150 or so) you should probably list it separately. If you bought something VERY expensive ($300 or so), you really need to list the price (as close as you can after converting from Colones).
10 COMMANDMENTS

You shall not expect to find things precisely as they are at home for you left home to find things differently.

You shall not take things too seriously…
for a carefree mind is the basis for a good vacation.

You shall not let other tour members get on your nerves…
for you are paying good money to enjoy yourself.

You shall not worry…
he who worries has little joy…
and few things are fatal.

You shall not judge all people of a country by one person with whom you had a problem.

You shall do in Rome somewhat as the Romans do.

You shall carry your passport with you at all times…
for a person without a passport is a person without a country.

Blessed is he who can say thank you in any language …
verily it is worth more than gold.

Blessed is one who can make change in any currency…
for you shall not be cheated.

You are welcome in every land…treat your hosts with respect and you shall be an honored guest.

Author Unknown

...OF TRAVEL

Coe College Winter Music Department Tour
### Inventory List

<table>
<thead>
<tr>
<th>Instrument</th>
<th>US</th>
<th>Costa Rica</th>
</tr>
</thead>
<tbody>
<tr>
<td>Violin</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Viola</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Cello</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>String Bass</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>Flute</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Piccolo</td>
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<td>1</td>
</tr>
<tr>
<td>Oboe</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Clarinet</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Bass Clarinet</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Alto Sax</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Tenor Sax</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Bari Sax</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Bassoon</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Trumpet</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>Horn</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Trombone</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Euphonium</td>
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<td>1</td>
</tr>
<tr>
<td>Tuba</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Electric Guitar</td>
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<td>1</td>
</tr>
<tr>
<td>Guitar Amp</td>
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<td>1</td>
</tr>
<tr>
<td>Electric Bass</td>
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<tr>
<td>Bass Amp</td>
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<tr>
<td>Electric Keyboard</td>
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</tr>
<tr>
<td>Keyboard Amp</td>
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<td>1</td>
</tr>
<tr>
<td>Percussion</td>
<td>see next list</td>
<td></td>
</tr>
</tbody>
</table>

### Crew Assignments

#### Band and Jazz Band assignments:
- Assist Dr. Carson: Bethany Baker, Lauren Harris
- Assist Mr. Shanley: Gillian Brown
- Set up Concert Band: Hannah Soper, Ali Clifton, Rick Moeslein, Gregory Guokas
- Assist Percussionists: Jacob Coble-Frakes, Kayla Foban, Rachel Tollefsrud
- Set up Jazz Band: Laura Gibson
- Electric piano and amp: Brendan McLean
- Electric bass and amp: Annie Atkins
- Electric guitar and amp: Luke Sanders
- Electricity: Darrell Omanson
- Percussion Inventory: Heidi Graff
- Instrument Repair: Greg Morton

#### Choral assignments:
- Choral Folder Wrangler - S/A Courtney Moore
- Choral Folder Wrangler - T/B Michael Woodruff
- Choral Dressing Room Captain - S/A Bethany Lehman
- Choral Dressing Room Captain - T/B Robert Robinson
- Seamstress - Abbie Brewer
- Assistant to Dr. Falk - Janelle Oster
- Assistant to Dana Foster - Zoe Jennings

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**When your job is complete, offer to help those still working. Don’t wait to be asked!**  
**Do not leave equipment unattended on stage or at the loading area.**  
**Wait for someone to relieve you if you are the only one around.**
12 tips for a better flight: Inside tips for a ‘not so bad’ flight experience
By James Wysong, travel columnist, Tripso (Updated April 6, 2005)

Want to have a better flight? Of course you do. And who better to give you some in-flight tips than a flight attendant whose favorite hobby is passenger-watching? We observe in amusement as travelers make the same mistakes, flight after flight. So what makes the difference between a “horrible” and a “not so bad” trip? Here are 12:

1. **Plug ‘em up** - Earplugs are a wonderful invention, but seldom used. They can be bought for less than $1, and We can’t stress their importance enough. Just think— no more crying babies, annoying seat chatter, or startling pilot announcements. The whole world seems a lot more tolerable when you use them. They work great in hotel rooms as well. We never leave home without them.

2. **Don’t be part of a smelly situation** - A small tube of lavender lotion can be your saving grace when it comes to the in-flight body odors swirling around. A dab under your nostrils will leave you smiling while others gag at the nearby passenger with foot rot.

3. **Have some taste** - If you have the unusual experience of being fed onboard, skip the special meal unless it’s a medical necessity. “Special meal” usually means a not-so-special taste.

4. **Bag it** - Don’t check out your common sense with your check-in baggage. For example: heart medication, priceless heirlooms, passports, or items resembling weapons. Being reunited with your bags is not always an immediate guarantee.

5. **BYOA** - Bring your own amenities. Whether it’s pillows, food, blankets, special requirements, magazines, antacid, or whatever, bring your own because airlines are slimming down on all amenities.

6. **Be a pessimistic optimist — or is it the other way around?** - Don’t expect every detail to go as planned. Delays, misconnects, and seat problems are just a few hassles associated with flying. It’s unusual to make it through an entire journey without something going wrong.

7. **Cover thy laptop** - When any form of liquid passes near or over your personal solitaire machine, close the cover. We have witnessed accidents, turbulence, and clumsy flight attendants ruin too many computers in-flight.

8. **Chat her up** - Talk to your seat neighbors once in a while. They could surprise you and be quite interesting. If not, you can say you tried and will probably never see them again. We have met some of the most interesting people in my life on an airplane. If you don’t try, you’ll never know.

9. **Carry on considerably** - It is time to be sensible if you are one of the growing number of frequent travelers who carry-on their bags. A perfect-sized roller-board suitcase is one that fits in the overhead bin wheels first and slides to the back. You are taking the space of three other bags if you have to put it in sideways. Save the aggravation of finding a space and consider getting one that fits. We flew with the same passenger three times in the last month, and every time he told me it fit on his last flight, We assured him that We knew otherwise.

10. **Gadgetize yourself** - On your next flight bring an I-Pod, DVD player, or your kid’s Game Boy to keep you distracted. We can’t tell you how many times We have preserved what’s left of my sanity by playing my $5 digital Yahtzee game.

11. **Check your mental baggage but carry on your sense of humor** - Air travel these days is stressful, nerve wracking and can be quite frustrating. If you can look beyond these annoyances, you can often find interesting and quite humorous aspects.

12. **Give them a small break**

We know that airline employees can frustrate the hell out of you, but they are fighting for their lives and with less manpower and support. The workload of the gate agents, customer service reps, flight attendants, and even the pilots has recently doubled, but their pay has been halved. It takes a big person to be able to put the shoe on the other foot.

*James Wysong has worked as a flight attendant with two major international carriers during the past fifteen years. He is the author of the "The Plane Truth: Shift Happens at 35,000 Feet" and "The Air Traveler’s Survival Guide."*
It's All in How You Look at It
William S. Carson

Be Prepared: That may be the Boy Scouts' motto, but we band directors had better take heed, too! When the
time comes to plan band tours, you never know what you're going to encounter. No matter what happens, there is one
thing that is certain - memories will be made!

My own touring experience began with the first tour of the Blue Lake Fine Arts Camp International Youth
Symphony Orchestra. It was an excellent tour to Holland, Denmark, German, and Sweden. Fritz and Gretchen Stansell
had obviously thought through many of the details, as they had plenty of experience from the bands they had sent to
Europe in previous years. I am sure, however, that no amount of planning could prepare for the contingency of having
the young concertmaster contract the measles. The poor boy had to be left behind in a foreign city with some of our
hosts until he recovered. Or I suppose it was not so great when we were on our way to catch our plane home and the
guards at the German/Dutch border discovered that one of our musicians had an expired passport. The problem was
only exacerbated by the fact that she was the only member of the orchestra who wasn't a U.S. Citizen. It took some
fancy negotiation to surmount that obstacle!

The Blue Lake tour, however, pales in comparison to the ill-fated 1978 tour to Poland that I took as a member
of the Macalester Concert Choir. First, the person who was coming to pick us up to take us to the airport had an
automobile accident and we almost missed our plane. Then the weather was bad and we had to land - not in Warsaw -
but in a small town on the opposite side of Poland, a town that wasn't prepared for a planeload of Americans. We had to
sit under machine-gun guard (remember, Poland was still under Communist rule back then) while they searched all our
baggage. We were eventually able to take a train across Poland to Warsaw so we could start our tour two days (and one
concert) later than planned. The next day Dale Warland, our conductor, slipped on the ice and broke his wrist! He was
unable to conduct the rest of the tour, and our assistant conductor, Peter Hendrickson, only one year out of college, had
to take over for the remainder of the trip! Fortunately, he did an excellent job. Of course Peter had been singing in the
tenor section, and that meant we spent the rest of the tour short one tenor. And when we returned home we hit another
snow storm and had to spend an extra night in New York City. Unfortunately, it was so late and we were so exhausted
that we didn't get to take advantage of that great Mecca of music. I think the trip to Poland takes the cake when it comes to
ill-fated tours.

When I worked on my dissertation, I studied the Northshore Concert Band of Wilmette, Illinois, directed by
John Paynter. I found that even that famous group had some challenging situations related to travel. In 1971, for
example, when the NCB traveled to the All-Eastern Band and Orchestra Clinic in Virginia, the airline managed to
misplace the band’s music folders. Only after some nervous scrambling were the folders located, allowing the concert to
go on as scheduled. In 1973 the NCB trip to Hattiesburg, Mississippi, was accompanied by a tremendous ice storm
which stymied the audiences, although it was not a significant impediment to the seasoned Chicago travelers.

In 1976 the Northshore Band toured Europe, and that trip was a comedy of errors similar to the tour of the
Macalester Concert Choir in 1978. The wildest story from that tour (and maybe the strangest ever) was when the band
was scheduled to perform at Windsor Safari Park in London. Apparently, in that park the animals are not caged, and
when Paynter gave the downbeat to "Strike Up the Band," the local rhinoceros was quite startled and began to charge
the band. Fortunately, the old adage held true, and "music soothed the savage beast." As Ernie Kettnich, a life-long
Northshore Band member, told me, "They are wonderful memories, but it was a mess while we were doing it!"

In 1979, right after I graduated from college, I toured Israel with a chamber choir and had an amazing (though
frustrating) experience. When we arrived we learned that the person who had supposedly set up our tour (but didn't
come with us) had neglected to speak directly with the operators of the youth hostel, which was closed for the summer! With
the help of a couple of kind taxi drivers, we managed to find a hotel that wasn't too expensive. Then we found out
that the choir festival in which we intended to sing had NOT accepted the application our sponsor had supposedly sent
in, and that chamber choirs (we only had eight voices) were not part of the Festival! We had no place to stay AND no
place to sing! We did not let that bother us, but began setting up concerts on our own. We even managed to schedule
performances at the Jerusalem Hilton, where we negotiated time at the luxurious swimming pool (believe me - our
cheap hotel did NOT have a pool), and got to have lunch each day at the Hilton cafeteria. Because we could set our
own schedule, we also built in lots of time for incredibly memorable sightseeing. It was pretty scary being on our own
in a foreign country, but we ended up having a fabulous trip.

Even day trips can have their horror stories, like the time when the Southern Illinois University Marching Band
was on its way to St. Louis to play at a Cardinal's game. (Yes, this was in the pre-Rams days!) One band member
thought his friend had loaded his trombone on the bus. Unfortunately, when the bus backed up to get away from the

Coe College Winter Music Department Tour
curb, the crunching sound told the musicians that neither one had loaded the instrument. The flattened trombone wasn't much good for the game that day, but it sure made a great conversation piece in the band member’s apartment!

Then there is the mysterious case of the missing resonators. During my first teaching job, as Music Director at Carbondale Community High School in Illinois, I took my groups to Opryland to compete at the American Music Festival, a great event which has, unfortunately, since been discontinued. Somehow, and I can't imagine how, we managed to pack our vibraphone after the performance, and leave behind one set of resonators. And even more remarkable is the fact that, despite numerous calls to the Opryland staff, the resonators were never found! Did another band accidentally pack them with their own vibes and get home and find three sets of resonators? Did someone think the resonators were trash and throw them away? Or were they really stolen by an Opryland employee who thought they were just oversized “Pipes of Pan”? Or are they still backstage somewhere, unrecognized by non-musicians who work in the theater? We'll never know, but I still laugh when I think about the possibilities.

When I was Director of Jazz Studies at Plymouth State College in New Hampshire, I had another experience with a vibraphone problem. I had volunteered to usher at a Lionel Hampton concert at our local ski resort, Waterville Valley. When I arrived, staff members armed with walkie-talkies descended upon me, urging me to hurry back to Plymouth and unlock the band room so the resort’s truck could pick up our vibraphone - Lionel had just flown back from getting an award in France, and the airline had lost his vibraphone! Needless to say, I was thrilled to loan him ours! Now there is more to this story that is too embarrassing to put in print, but ask me some day when we’re at lunch at Midwest, and I'll be glad to tell!

My inspiration for this article actually came in January, 2000, in New Orleans when I was attending the convention of the International Association of Jazz Educators. While riding on the shuttle between the hotel and the convention center, I overheard some directors exchanging tour horror stories, and one really stuck in my mind. When the director was leading a band tour, one student had fallen asleep on the bus, and everyone managed to get off the bus, get into the hotel, and get to their rooms before anyone even noticed that the student was missing. By the time the band director was notified, the bus driver had already gone to sleep, and they had to wake him up to unlock the poor student!

Actually, there was another situation at the convention in New Orleans that bears repeating. As Grover Mitchell explained, when the Count Basie Orchestra was on its way to the convention, the “Crunchy Granola Airlines” (he chose that descriptive phrase instead of an expletive!) managed to lose the entire set of trumpet folders. Actually, however, that wasn't such a bad thing for those of us who only hear the Basie Band once every year or two. The result of the missing folders was that they had to play all the familiar pieces they could do from memory! Yes, the musicians might have wanted to play all the new tunes from their latest CD, but for those of us who teach the Basie charts, it was great to hear them play all the famous standards!

A few years ago, when I took the Coe Touring Wind Ensemble and Jazz Band to Seattle and Hawaii, we had a number of interesting experiences. None of us will forget the last day, when the student driving the equipment truck managed to get the vehicle wedged between the gas pumps and the canopy at the filling station. And we all laughed a few nights earlier when we spent an hour buying groceries on the way to our resort in Maui, only to find that the barbecue pits had closed half an hour earlier. Danny's here we come! This band, however, was great at "rolling with the punches," and even created a new terminology for turning obstacles into advantages. We began to call them "Creative Adjustment Opportunities," and eventually just used the abbreviation CAO. With CAO as our philosophy, we found that each new challenge was not a setback, but another chance for us to use our ingenuity. Thank goodness we had this attitude, so that when some of us were separated as it came time to leave Maui, no one was too upset when the plane left with about 40 of the band members, while four students, the trumpet teacher, and the conductor (yours truly) were left behind! Somehow we managed to have the good fortune of catching the last plane of the night, and still getting to Honolulu in time to catch up with the rest of the band. Actually, it's too bad we caught that one - otherwise we would have had to spend an extra night in Maui! What a shame that would have been!

Last summer I experienced two of the smoothest trips I have ever participated in: the Coe Touring Wind Ensemble's spring tour to the West Coast, and the Iowa Ambassadors of Music summer trip to Europe. It should come as no surprise that, as we prepared for these trips, I shared some of the stories in this article with my students, and encouraged them to turn setbacks into "Creative Adjustment Opportunities.” With the right attitude, any tour can be a fabulous experience that creates great memories. Happy touring!

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Coe College Winter Music Department Tour
Bus Lists

Bus A

Yara Alarcon-Furman
Jessi Austin
Emilio Ayala-Enriquez
Bethany Baker
Aaron Blair
Michelle Blair
Abbie Brewer
James Brewer
Paul Cartwright
Jacob Coble-Frakes
Nora Dietz-Kilen
Marc Falk
Zach Falk
Dana Foster
Lucy Foster-Falk
Joanna Funkhouser
Piper Grubb
Gregory Guokas
John Hall
Zoe Jennings
Rachel Kingham

August Lee
Bethany Lehman
Courtney Moore
Kristina Myers
Janelle Oster
Jonathan Raley
Rachel Riemenschneider
Robert Robinson
Kayla Russo
Bree Sayles
Loralee Songer
Jeffrey Stobb
Kennedy Stomberg
Dani Swiatek
David Tien
Leslie Tien
Zoe Tien
Ellen Timmons
Rachel Tollefsrud
James Wang
Bus B

Annie Atkins
Chris Bird
Paula Blankenheim
Tom Blankenheim
Hannah Bode
Lucas Boley
Gillian Brown
Eric Carson
Laura Carson
Marissa Carson
William Carson
Ali Clifton
Jeremiah de la Peña
Shivhan Dohse
Tara Ely
Kayla Fobian
Laura Gibson
Heidi Graff
John Haack
Lauren Harris
Spencer Henessee
Joan Jacob

Brendan McLean
Rick Moeslein
Drew Morton
Greg Morton
Wendy Morton
Joel Nagel
Al Naylor
Chris Nicholas
Allison Offerman
Darrell Omanson
Emily Sandberg
Leslee Sandberg
Luke Sanders
Steve Shanley
Val Shanley
Eric Sindelar
Karen Sindelar
Kevin Sindelar
Sarah Sindelar
Hannah Soper
Michael Woodruff
## Personnel List:

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
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